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Muckleshoot MONTHLY



Vol. II No. 3

Muckleshoot Indian Reservation, Wash.

APRIL 15, 2011

Selena Hernandez is named Auburn School District Student of the Month



Selena with School Board members Carol Helgerson, Lisa Connors, Selena Hernandez, Ray Vefik, and Craig Schumaker.

On March 28, 2011, Muckleshoot tribal member Selena Hernandez was honored as Student of the Month for the entire Auburn School District. The award was given at the regular School Board Meeting, where Superintendent Kip Herren read the following statement:

Selena Hernandez is an example of an outstanding Chinook student. Selena loves math and she is always reading. Selena is a very hard-working student. She has a good attitude and is very conscientious about always doing her homework.

When Selena is successful at school she is very proud of herself. According to Selena, "Mom doesn't let me play until I do two pages of homework and read for 30 minutes. I usually read first."

At home Selena has a lot of support from her mom and big brother, Andrew. Selena's mother says she is very independent and hardworking. Selena can brighten up any room with her smile.

She is a very happy person and smiles easily when talking about her family and school. She does her homework happily and is always asking questions. Selena's mother, a returning college student, states, "She is my inspiration!"

Selena's favorite hobby is riding horses. She is active in 4-H with her horse "Sonny" and has received several ribbons. She earned a first place ribbon recently in a horseback riding event.

Because Selena loves to read, when Selena is on road trips she always has a book in her hand. Selena aspires to be a veterinarian when she grows up. She also wants to be a cheerleader. She loves to sing and dance.

Selena is part of the canoe journey activities and hopes to become a puller like her mother. According to her teacher, Ms. Minus, "Selena is very proud of her culture and is able to speak well about what it means to be a Native American."

Selena's favorite activities are the weekly girl's lunch with Mrs. Pratt at school, dancing and singing, and attending pow-wows where she is a jingle dancer. Selena also serves her school and community as a Safety Patrol officer.

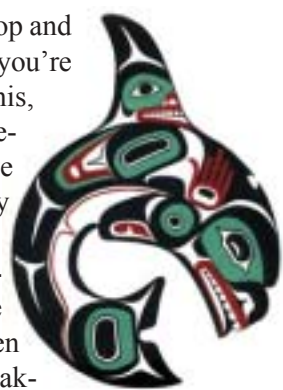
Selena's teacher, Ms. Minus, shares that, "She works very hard whether she can do something well or struggles with it. Selena is very kind and caring of others and shows a great deal of empathy. She is a safety patrol officer and a self manager, which tells us that she is kind, caring, safe, and responsible for her actions."

ATTENTION LOCAL ARTISTS: Casino Gift Shop is Buying!

Perhaps you've browsed in the casino's gift shop and noticed a lack of goods created by local artists. If so, you're not alone. Tribal Council members have noticed this, too, and have been working with casino staff to develop a set of priorities and procedures that will pave the way for local artists to sell their artwork directly to the gift shop.

Standard operating procedures for the new Local Artist Artwork Purchasing Program were adopted in February. In the past, artwork has been sold on a consignment basis, with payment often taking 45 days or more. The new program provides a streamlined approach that will enable local artists identified by the Tribe to establish formal vendor agreements that will enable them to market their work directly to the casino and receive payment in just 7 to 10 days.

Interested local artists are encouraged to contact Gift Shop Manager Colleen Mustoe to enroll in this new program.



TRIBAL COUNCIL ELECTEES TAKE OATH OF OFFICE

Virginia Cross will again be Tribal Chair, Charlotte Williams elected Vice-Chair

The Tribal Council Chamber filled up gradually, by twos and threes, as the 9:00 a.m. start time of the shortest Council Meeting of the year approached. It was the first Tuesday in April – the day prescribed by the Muckleshoot Tribal Constitution for the swearing-in of those elected to the Tribal Council in the January election.

This year, two veterans and one new member were to be sworn in. Marie Starr and Virginia Cross, both of whom have spent most of their lives in service to the Tribe, were the two veterans. Mark James, who had won convincingly in his fifth bid to gain a seat on the Council, was the newcomer.

By 9:00 a.m., every seat was taken and the ceremony that is the cornerstone of the Tribe's elective system of self-government was car-



Virginia Cross



Marie Starr



Mark James

ried out yet again, as it is every year. The large audience of friends and family listened in solemn silence as each took the oath of office, and then burst into applause as all rose to their feet and went up front to take part

in a festive handshake line.

Normally, the election of officers also takes place at this meeting, but one Tribal Council member was unable to attend, so that task was put off until the following Tuesday,

when the following slate of officers was chosen for the coming year: Virginia Cross, Tribal Chair; Charlotte Williams, Vice-Chair; Virgil Spencer, Secretary; Marcie Elkins, Treasurer.

AN INDIAN FISHERMAN

'Uncle Alex' – His Primitive Tackle Gets the Big Ones

AUBURN – Salmon sports fishermen have a standing argument with Puget Sound Indian fishermen, but even the most experienced angler can have nothing but admiration for Alex Starr, a resident of the Muckleshoot Reservation here.

Contrast the store-equipped sports fisherman, with his spoons, spinners, lures and net with the Muckleshoot patriarch, standing spear in hand searching the white-capped river for a target. "Uncle Alex," as he is known on the reservation, is one of the last Muckleshoots to consistently use the ancient Indian spear as a food provider.

He also is the last man on the reservation to make the metal-tipped bone spearheads used to spear river fish.

Several of the Muckleshoot residents proudly show visitors the traditional fishing tools, but chances are, Uncle Alex made the gear.

Successful hunters give him deer and antelope antlers from their kills. Starr saws the usable portions into correctly sized pieces and begins the laborious process of honing the deer horn into the proper shape.

One end must fit the end of the spear, the-other must support a sharpened metal tip.

Once the antler is carved to the correct shape, Starr adds the metal tip, sometimes a honed-down nail or small metal bar. The entire piece then is welded together with wraps of string, which is bound and made water-tight with pitch collected from reservation evergreens.



TOOLS OF TRADE
Hand-made Spears

Finished Spearhead

Attached to the completed spearhead is a strong whipcord about 18 inches long.

In use, the homemade spearhead is stuck on the end of a spear about 15 feet long. The "spear" needs to be nothing more complicated than a trimmed tree branch.

When a fish is spotted by the Muckleshoot spearman, he stabs out with the spear, impaling the salmon in the side. The spearhead becomes detached from the stick, but the whipcord, bound to the spear and tip, holds the fish.

Modern fishermen, even the young Muckleshoots, might be dubious of the ancient method, but to Uncle Alex, as well as his ancestors, it is more a way of putting food on the table than a sport.

Alex himself is a real patriarch among the reservation Indians.

Stories and Lore

A treasure trove of stories and lore, he also is one of the few Muckleshoots who still remembers how to make canoes.

His last effort as a boat-builder ended a few years ago when thieves stole a half-completed cedar canoe he was building. It was his last.

He said good cedar now is too difficult to come by on the reservation.



'UNCLE ALEX' STARR
Last Spearfisher

Besides, most Muckleshoots have a modern boat, if they use one at all.

The old method of sawing a large cedar log, burning out the interior and shaping the canoe with an ax and adze is too much work, he said, especially when boats are plentiful in nearby sport stores.

Even though, as with canoes, Indian methods and traditions quickly are falling by the wayside and the ancient ways possibly being forgotten, Starr intends to get his fish the way his father did as long as he can walk to the river.

Submitted from Lester (Tunney) and Mariane Nelson family photo album. Story by Edd Jeffords, Tacoma News Tribune, May 6, 1968.



Public Safety on the Muckleshoot Reservation

When Muckleshoot Police Chief Dan Morrow stepped into his new job in December 2009 he joined nine other Muckleshoot Police Officers working out of three small, cramped offices in the Tribal Legal Building. Operating out of something less than 500 square feet of unsecured office space presented many challenges to the job of providing the level of police services the Muckleshoot community needs. There was no conference space, no place available for community members to stop-by to meet with police in confidence, no secure evidence storage facility and no room for growth. It was clearly space that no longer met the public safety needs of the Muckleshoot Community.

Chief Morrow brought his concerns to the Tribe's Law and Order Committee. Recognizing the tremendous challenges this inadequate police facility presented, the Committee immediately began the process of developing the design and construction budget for a new Muckleshoot Police Precinct. With the approval of the Tribal Council the plans and budget were quickly developed and construction was underway by November 2010. The Muckleshoot Police Department moved into its new home during the last week of March 2011, just a little more than one year from the time the issue was brought to the Tribal Council.

Located adjacent to the old Head Start building on 172nd Avenue, this modern new 2500 square foot facility will help our police meet the growing public safety needs of the Muckleshoot Community. It provides vastly improved public access making it much easier for community members to meet with police in confidence. It includes space for the Storefront Officer and Department of Corrections agent. The balance of the space is secure making possible evidence processing and storage. There is also working space for the Special Assault Unit Detective.

Another benefit of this new facility is that it will serve as an inviting attraction for other area detectives. More officers will be able to use the space and facilities at Muckleshoot and as more cops travel through the area to use Muckleshoot facilities the police presence on the Reservation will increase. Also, in October of this year the King County Police Precinct at Maple Valley will close and officers currently assigned there will be dispersed throughout the area. Six of those officers will be relocated to the new Muckleshoot police facility.

Public safety is an important priority for the Tribal Council and this new facility is a reflection of the tribe's commitment to that priority. We will always provide our law enforcement officers with the tools they need to carry out their important responsibilities. The new Police facility will help them do their important job even better and serve the Muckleshoot community well.



A CONGRESSIONAL VISIT. U.S. Congressman Jay Inslee (D-WA) was a recent visitor at the Philip Starr Building, where he conferred with Tribal Council members. Rep. Inslee is reportedly considering a gubernatorial bid in the event that current Governor Christine Gregoire does not seek another term. Left to right: Intergovernmental Affairs Liaison Claudia Kauffman, Marie Starr, Virginia Cross, Congressman Inslee, Charlotte Williams, Marcie Elkins and Kerri Marquez.

Swearing-In Ceremony

Muckleshoot Tribal Council Chambers, April 5, 2011

PHOTOS BY JOHN LOFTUS



SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:



MUCKLESHOOT MONTHLY
39015 - 172nd Ave. SE,
Auburn, WA 98092

clip and return

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New subscription Address change

Name _____

Address _____

City & State _____ Zip _____

If this is an address change, list previous address:

Address _____

City & State _____ Zip _____

I am a Muckleshoot tribal member,

I have ties to the Muckleshoot Tribal Community

Please explain: _____



Muckleshoot Tribal Council

Virginia Cross, Tribal Chair
Charlotte Williams, Vice-Chair
Virgil Spencer, Secretary
Marcie Elkins, Treasurer
Mark James
Donald Jerry Sr.
Mike Jerry Sr.
Kerri Marquez
Marie Starr

Muckleshoot Monthly

John Loftus, Managing Editor
39015 172nd Avenue SE
Auburn, WA 98092
muckleshoot.monthly@yahoo.com

From the Family of
WAYNE LOBEHAN

We Give Thanks

The Lobehan/WhiteEagle family would like to give thanks to everyone who came to support our family in our time of grief and sorrow of losing "The Man" in our lives....Wayne Morris Lobehan he was a great Husband, Father, Grandpa, Uncle, Brother, and friend to all... He will be dearly missed but **NEVER** forgotten **ALWAYS & FOREVER IN OUR HEARTS!!**

Today I'm Getting My Wings

Hey everybody,
I hope this doesn't reach you too late.
I don't want you to worry,
Because life up here is great.

I can't wait for you to see the beauty of heaven,
But I know it's not your time.
I really miss you guys,
But I know you'll be just fine.

You know I can see you right,
So please stop shedding tears.
You guys, I'm perfectly fine,
So conquer all your fears.

I'll be watching your every move.
Relax! I won't spill your beans.
But stop all those naughty things you do,
Because you know there's nothing He can't see.

I need you to come here to meet me,
But not if you misbehave,
So please keep God in your heart,
And you'll be safe and saved.

Hey guys I know you miss me.
It's really hard not to.
But please, please stop grieving,
Because you're making me sad too.

You guys have been a great family,
And I am truly blessed.
You've raised me through my earthly life,
Now God will do the rest.

He's really a great person,
And an even better friend,
So I'm in great hands,
And on Him you can also depend.

Oh boy, I'm getting carried away.
I want to say so many things,
But I really have to go now,
Because today I'm getting my wings.
By you guys, love you forever and a day!

P.S. Be good. I'll be watching!!!

"Samantha..."



Last month, an obituary was printed on this page as the Berry family mourned the loss of one of its beloved members, Samantha West, who had succumbed to cancer at the young age of 42. This month we have a very touching epilogue – an after-story – to report.

Samantha's young cousin, Jamar Berry, regretted that he wasn't able to attend her funeral service. Jamar is a star basketball player for Central Washington University. The Wildcats, ranked 10th in the nation, were in the midst of March Madness, working their way up the bracket in the NCAA Division II tournament.

On Friday, March 4, the very evening of Samantha's funeral, the Wildcats were playing Alaska's Anchorage Seavolves for the Great Northwest Athletic Conference championship. To honor his cousin, Jamar wore a black stripe over his heart during the game. His team won the championship game by 12 points, 83-71, and Jamar, with 25 points and seven rebounds, was named the tournament's Most Valuable Player.

Many of Samantha's family and friends had gathered to watch the game, and when the TV camera zoomed in to focus on Jamar, he held up his MVP plaque, touched his heart where he wore the stripe for Samantha, and said her name, "Samantha..."

When they heard Jamar say Samantha's name on camera, the room first fell silent, and then burst into cheers while family and friends smiled through tears and hugged each other.

Love recognizes no barriers. It jumps hurdles, leaps fences, penetrates walls to arrive at its destination full of hope. ~ Maya Angelou



Amos M. Whetung

Amos M. Whetung, 93, passed away March 9, 2011. He was a proud Native American. He was born January 2, 1918 on the Chippewa Reservation in Zeba, Michigan.



Amos served in the US Army during WWII. He worked in Seattle as a longshoreman for 30 years until retirement.

Amos was preceded in death by his wife of 38 years, Georgianna Cross and sister-in-law Rosemary "Posey" Jones. He is survived by his five children, Joseph, John, and Marilyn of Washington; Elizabeth of South Dakota and Carol Anne of England; four grandchildren and many great-grandchildren; brothers Albert; brothers-in-law George Cross Sr. and Kenneth Cross; sisters Myrtle and Chiz; and sisters-in-law Lorraine Cross, Virginia Cross, Millie Jones and Marlene Cross.

Amos was a good Christian man. His smile, warmth, and gracious humble approach to life will always be remembered by those who were blessed to know him.

He will be forever missed. A family celebration of his life was held on Saturday, March 19 at Snohomish, Wash. An urn transmittal service with military honors was held on March 31, 2011 at Tahoma National Cemetery, followed by a dinner at the Muckleshoot Shaker Church.

Please sign the family's online guestbook at www.yahndandson.com



**Fred Lane Sr. Memorial
April 29 - 30, 2011**



Sandy Lane and Family Are Planning A Memorial for the Late Fred Lane, Sr.

Fred has helped many tribal members and Tribes across the nation through all of His unselfish hours of working with Tribal leaders on a variety of inter-tribal Organization boards fighting for tribal Sovereignty and Self-Determination

The family is expecting a large turnout for The memorial at The "Frog Building," Lummi

A bank account with U.S. Bank Acct. #153562885498 has been set up To help cover expenses

Any Funding Support You Can Provide Would Be Appreciated.

For More Information Contact Sandy Lane 253-929-6362 Vickie Lane Louie 253-202-1442



A NOTE FROM MILES...

I have been employed by Weeks' Funeral Home for just over two years, and have had the opportunity to assist with funeral services at both the Shaker and Pentecostal churches. I have never met such loving, caring, and compassionate people as the Muckleshoots. It has been a privilege to work with you and get to know you.

I have also assisted with services at the Tahoma National Cemetery, and have witnessed the Tribal Honor Guard performing their services for veterans. This group of Native American Veterans from different Indian tribes performs a wonderful service of which you can be very proud. If you have the chance to witness their ceremony, please do so.

Miles Moergeli
Weeks' Funeral Home

Memorial

**Hum-a-py-nen
(Grizzly bear arriving)
Carol Ann Crawford-Kirk**



Saturday May 21st, 2011

9:00am Monument Setting at Old Agency Cemetery

Behind Umatilla Agency

Followed by Meal and Give away at Umatilla Tribal Longhouse in Mission, OR

East of Pendleton

For more information call Jim Kirk 541-379-0044

2011 COMMUNITY GARDEN – LET US EAT HEALTHY!

Spring is Here...

and it is time to reserve your spot in the Muckleshoot Community Garden!

You will need to stop by the Planning Department to fill out your request. Please call Roger at 253-876-3124 or Tammy at 253-876-3326 in the Planning Department to answer any questions and see what plots are still available.

The Community Garden is shaping up. Only 32 plots are available so plan early. Over 60% of the spaces were taken by the 1st of July last year. Already this year, 10% of the spaces have been reserved. The gardener needs to bring his or her own tools, plants, and supplies. Water is provided by the Tribe.

The Community Garden has grown from last year. The plots have been raised to provide better drainage by adding more top soil and compost. More gravel has been added to the pathways.

A greenhouse and storage shed have been added. The greenhouse can be used by everyone. The shed is for the roto-tiller, tractor, and hoses that are used for the general maintenance and operation of the Community Garden.

LeeRoy Courville Sr. is the Community Garden Manager.



Muckleshoot Tribal Council Hosts Annual Communities of Color Dinner

PHOTOS BY MADRIENNE SALGADO

The Muckleshoot Tribal Council recently hosted its annual Communities of Color Dinner in Seattle. Invitees are local leaders of color, including non-profit directors, respected community organizers, elected officials, etc. The intent of the gathering is to cultivate new and existing relationships between the Tribe and our surrounding community. The dinner provides a forum for the Council to share tribal concerns, opinions, and positions on issues relating to politics, culture, and more. There is also opportunity for the Tribe to learn about topics and issues happening within the broader community effecting minority groups in the greater Seattle area.



Jaime Garcia, Health Work Force Institute; Dorry Elias-Garcia, Minority Executive Directors Coalition; Cindi Shiota, consultant; Bob Santos, former Regional HUD Director.



Front row: Shayne Thornton, International District Housing Alliance; Marcos Martinez, Entre Hermanos; Josephine Tamayo-Murray, Catholic Community Services; Estela Ortega, El Centro de la Raza; Doreen Kato, First Place. Back row: Cindi Shiota, Madrienne Salgado, Grant Timentwa and Muckleshoot Tribal Council member Mike Jerry Sr.



King County Council Member Larry Gossett and wife, Rhonda.



Tribal Council Member Marcie Elkins and Brook Boone.



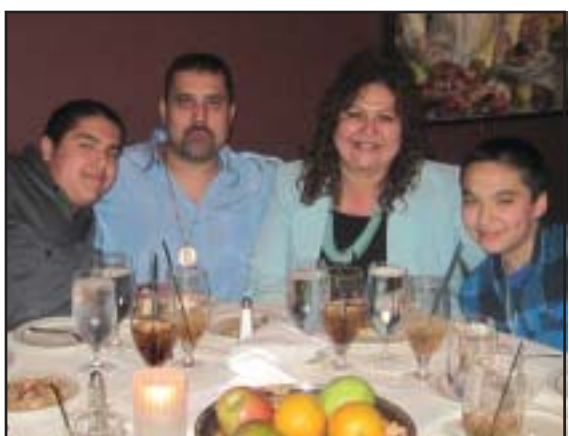
MIT Health Director Lisa James, Tribal Council Member Donnie Jerry.



Ralph Torquera, Seattle Indian Health Board, and MIT's Claudia Kauffman.



Alaric Bien, Chinese Information and Service Center.



Muckleshoot Tribal Council Member Kerri Marquez with husband Yuyo and sons Gregorio and Francisco.



Seattle City Council Member Bruce Harrell; Teresita Batayola, International District Community Services; and daughter Ariana.

Vashon Clam Digging Open & Oyster Permits Available



Gilbert KingGeorge at Vashon on March 23, 2011

The Muckleshoot Fisheries Division is pleased to announce that the Tribe's Vashon Island tidelands are OPEN for Clam Digging and Oyster Harvest Permits are now available at the Fisheries Office.

Fisheries staff routinely sample the clams and oysters at the tidelands and analysis by the Washington State Department of Health has shown that the level of the toxin that causes paralytic shellfish poisoning – also known as red tide – is within acceptable limits, allowing harvest of all bivalve species at the beach. Check the Fisheries hotline (1-800-FISH-NOW) to get the latest update.

To harvest oysters, Tribal members – 18 years or older – must first obtain an Oyster Harvest Permit from the Fisheries Office in the Philip Starr Building. Each permit allows the subsistence harvest of 60 oysters on three separate occasions – no commercial harvest is allowed. After using the Oyster Permit for three days of harvest, the permit holder must return it to the Fisheries office for another permit to be issued – **so please make sure to return all old Oyster Permits even if you didn't harvest any oysters.** This allows MIT Fisheries to monitor and keep an up-to-date inventory of the oyster resource at the tidelands.

For individuals who cannot walk the 1/4-mile trail down to the Tribe's beach, special oyster requests from Tribal Elders and disabled Tribal members can be made at the Fisheries office.

The natural populations of butter clams, little-neck steamers, cockles, and horse clams at the tidelands are in good condition, see the accompanying harvest information or contact Andy Dalton (253-876-3131) about harvesting opportunities. Please remember to always check the hotline (1-800-FISH-NOW) in the morning before going clam digging.

Things You Should Know About Clam Digging

1. Beware: You can get sick from clams harvested at Adelaide Beach, Alki Beach, Redondo, Lincoln Park, Salt Water State Park and all other beaches between Seattle and Tacoma. They are all potentially polluted and are closed by the Department of Health.
2. Tribal members can dig clams at the Tribe's property on Vashon Island. There are lots of butter clams and some steamers, horse clams and cockles at the beach. Directions are provided at the end of this list.
3. Fisheries staff will be routinely testing the clams at the Vashon beach for "red tide" to insure the clams are safe to eat. Always check on the Fish Hotline (1-800-FISH-NOW) for results to see if the Vashon tidelands are open.
4. The Vashon tidelands are rocky and digging clams is more difficult than at sandy or gravel beaches. A clam shovel works well and some folks use a garden fork, but small clam rakes do not work very well.
5. If you want to go to the property by personal boat, the Fisheries Division will provide you with a chart to locate the tidelands and a good place to anchor or beach your boat.
6. The driveway at the property has a locked gate so call the Fisheries Division: 253-876-3131 to get the combination to the locked gate and updated red tide results.
7. Check the ferry schedule that is printed here with the tide charts. There is a fee for the ferry from Fauntleroy (West Seattle) to Vashon.
8. Fisheries staff will also be organizing clam-digging trips to Vashon Island for Tribal members who would like to visit the property for a half-day outing, call Andy at the Fisheries Division, if you are interested.
9. There are various shellfish enhancement projects going on at the Tribe's tidelands. Do not harvest any of the shellfish in areas marked with RED markers.
10. Oysters can be harvested from the area marked with GREEN buoys and only with an Oyster Harvest Permit, which are available from the Fisheries office.

.....CLIP and SAVE.....

Directions to get to the Tribe's Clam Beach on Vashon Island

Take I-5 north to the West Seattle Bridge exit. (One exit north of the Swift/Albro exit)

Go west on the bridge to West Seattle – at the top of the hill you will be on Fauntleroy Ave. After the Buick agency stay on Fauntleroy – it takes an easy left. Follow the signs straight to the Fauntleroy/Vashon ferry.

Make sure to take the Vashon ferry, not the Southworth ferry.

On Vashon Island, follow the main road (Vashon Highway) up the hill (south) about 1.8 miles from the ferry dock.

The Tribe's property driveway is on the LEFT side of the road and is marked with a "Muckleshoot Indian Tribe" sign. The driveway is a dirt road and there is a locked gate about 100 yards down the driveway. The combination is _ _ _ _ . (Get combination at Fisheries Office before leaving).

After the gate, follow the driveway all the way down to the small parking lot next to a small shed – just past the portable toilet. The trail to the beach is marked with a sign: "Beach Trail".

Once down on the beach, to find a good place to dig clams, walk to the right (south) for a few minutes and try digging half-way to the water.

It is easier to dig clams with a small shovel (not a rake) and remember to protect the young clams by back filling all holes.

...✂.....✂.....CLIP and SAVE.....✂.....✂.....

CLAM DIGGING TIDES - VASHON ISLAND

April -May 2011

Day	Date	Time to Dig	Low Tide level & time
Sunday	April 17th	10:00 am – 12:00 pm	-0.9 ft @ 11:04 am
Monday	April 18th	10:30 am – 1:30 pm	-2.0 ft @ 11:46 am
Tuesday	April 19th	11:00 am – 2:00 pm	-2.6 ft @ 12:30 pm
Wednesday	April 20th	11:30 am – 3:00 pm	-2.7 ft @ 1:15 pm
Thursday	April 21st	12:00 pm – 4:00 pm	-2.3 ft @ 2:02 pm
Friday	April 22nd	1:30 pm – 4:15 pm	-1.6 ft @ 2:52 pm
Tuesday	May 3rd	10:30 am – 1:00 pm	-1.0 ft @ 11:47am
Wednesday	May 4th	11:00 am – 2:00 pm	-1.4 ft @ 12:21 pm
Thursday	May 5th	11:30 am – 2:30 pm	-1.7 ft @ 12:58 pm
Friday	May 6th	12:00 pm – 3:00 pm	-1.7 ft @ 1:38 pm
Saturday	May 7th	1:00 pm – 4:00 pm	-1.5 ft @ 2:21 pm
Sunday	May 8th	2:00 pm – 4:30 pm	-1.1 ft @ 3:09 pm
Sunday	May 15th	8:30 am – 11:00 am	-1.4 ft @ 9:58 am
Monday	May 16th	9:00 am – 12:30 pm	-2.5 ft @ 10:41 am
Tuesday	May 17th	9:30 am – 1:30 pm	-3.2 ft @ 11:24 am
Wednesday	May 18th	10:00 am – 2:30 pm	-3.4 ft @ 12:08 pm
Thursday	May 19th	11:00 am – 3:00 pm	-3.2 ft @ 12:52 pm
Friday	May 20th	12:00 pm – 3:30 pm	-2.5 ft @ 1:38 pm
Saturday	May 21st	1:00 pm – 4:00 pm	-1.6 ft @ 2:25 pm

Notice:

Please return all expired Oyster Permits to the Fisheries Office

To be eligible for another Oyster Permit you must return old ones – even if you didn't harvest any oysters.

Questions? Please call Andy Dalton at the Fisheries Office - 253-876-3131



Satisfied customer

Fauntleroy (West Seattle) / Vashon

Crossing Time: Approximately 20 minutes (45 minutes via Southworth)

Monday through Friday

Leave Fauntleroy

5:20	10:40	4:00	8:55
5:50	11:40	4:40	9:20
6:10	11:55	5:00	10:20
6:45	12:20	5:40	11:40
7:05	12:55	6:00	12:55
8:25	1:20	6:30	2:10
9:05	1:40	7:05	
9:25	2:45	7:35	
10:20	3:05	8:05	

Leave Vashon

4:05	8:15	12:50	7:40
4:50	8:40	1:50	8:30
5:20	9:00	2:20	8:50
5:45	9:40	3:25	9:55
6:20▲	10:10	4:30	10:45●
6:40	10:30	5:10	12:05●
7:00	11:30	5:30	1:20●
7:15	11:55	6:30	
7:55	12:25	6:55	

Saturday and Sunday

Leave Fauntleroy

5:20	11:45	4:00	8:00
6:05	12:20	4:20	9:20
6:55	12:50	4:40	10:20
7:35	1:20	5:10■	11:40
8:35	1:40	5:40	12:55
9:15	2:00	6:20	2:10
10:10	2:20	6:40	
10:45	3:00	7:20■	
11:10▲	3:20	7:40	

Leave Vashon

4:50	10:40▲	2:45	6:55■
5:35	11:15	3:30	7:10
6:25	11:50	3:50	7:30
7:10	12:20	4:10	8:50
8:00	12:50	4:45■	9:55
8:40	1:15	5:10	10:45●
9:20▲	1:30	5:35■	12:05●
9:40	1:50	5:50	1:20●
10:20	2:30	6:10	

● Via Southworth.
▲ Loads foot passengers only.

● Via Southworth.
▲ Saturday only.
■ Sunday only.

Note: Vehicle load limits may be in effect on multiple destination sailings.



MTS Elementary Reading Update

Three more reading groups at Muckleshoot Tribal School Elementary have passed and graduated from their current level! These students earned a root beer float celebration, certificate, and King's Kash.

Our first graders, Kalani Thompson, Kayli Leonard, and Lillianna Ramirez (pictured with Erika James) have now moved on to working with a second grade reading curriculum. Congratulations!

The students' and teachers' dedication and hard work has certainly paid off as we have our first kindergarten group to graduate this year! Elizabeth Canales, Daveya Rojero, Kuleace Eyle John, Ariana Jerry, and Sanchez Kato Savoy are our only kindergartners to begin the first grade reading curriculum so far this year!

Carla Thompson and Taneesha Marquard are on track to finish yet another reading program this year. This means that they will make a two year gain in reading during the year. Wow, nice work!

Parents and families can support our reading effort by having your student read to you at home!

Happy Reading,
Sadie Pritchard



Top 10 Tips for Reading at Home

1. Read with your children at least once every day!
2. Have a variety of reading materials at home to read.
-Books, magazines, newspapers, cook books, comic books, song lyrics, food labels, even the back cover of videos and DVDs.
3. Notice what interests your child, then find books about those things.
4. Again! Again! Again! Children may want to read the same book many times, even if you think they have out grown it.
5. Tell stories together. This is a fun way to pass on family history and build listening and thinking skills.
6. Use strategies: Discuss new words, ask questions, talk about pictures, let your child see and touch the book.
7. Encourage older children to read with younger children.
8. Read aloud to your child. Point to each word as you read them. Read to babies even before they can talk.
9. Set aside a regular reading time for your family. Have a family reading area where you read together for 10-30 each day.
10. Praise your child's efforts in listening and reading.

Chinook Elementary School Culture/Math Night

PHOTOS BY JOHN LOFTUS

Chinook Elementary sponsored a very well-attended Culture/Math Night on Wednesday, March 30. The evening began with a 5:30 presentation by the school's coastal dance group. Other events included Lower Elwha storyteller Roger Fernandes, a parent meeting and numerous information and activity tables.



Kings Baseball Opens with a Win!

By Coach Todd Moser

Congratulations to the Kings Baseball Players! The Kings Baseball Team opened on April 12 with an 11-2 win against Chief Leschi! (The Kings were up 11-2 after 2 inn. when Chief Leschi had to end the game early)

In their first game ever, the Kings had many great at-bats, working deep into counts and fighting off a lot of pitches to load the bases for timely offensive plays.

On the mound, Antonio Cabanas gave up a lead-off double (only hit given up) and hit a couple of batters early, then settled down to close out the first inning and threw a scoreless 2nd inning. Cabanas struck out 4 in the game.

Charles Starr and Xavier Fulgencio were the hitting stars, with Kevin Higgins making a steady defensive play by nailing a would-be scorer at the plate!

A Challenging First Season

It's been a challenging first season. I've been wanting to share news about the baseball team, but had been delaying until we finally got a game in. Up until this point, our team status has been a very non-newsworthy "it varies." Hopefully the weather will continue to cooperate more for the balance of the season.

We've had some outstanding individual efforts from players. In reality, any player who has labored through the historically rainy spring and the uncertainty of having a field-ready team should be commended.

I'd like to point out that it's been a school-wide effort to try to make the team a reality. Tim Tubbs has been very supportive, helping us build our coaching "tool box" in order to find new ways to recruit players and retain players working through the challenges of academia, poor weather and uncertainty.

Also, Will Bill has been a huge support by running an all-sport Speed Strength Training program for the first 30 minutes of practice, ideally helping us recruit players who may not usually play a Spring sport, but are drawn to our program in order to increase their overall athleticism for other sports (while also increasing their athleticism for a Spring sport).

The coaching staff has been working to make the team a reality as well, going "outside of the box" by: tutoring players, picking up essential per-



MUCKLESHOOT KINGS 2011 BASEBALL TEAM

sonal gear for players, giving players rides to-and-from practice (as far as Seattle), holding practice every day over break for players who need additional practices to be eligible and taking players to the clinic to get their physical exams.

I am so happy to finally have good news to share. The Kings' win in their first-ever outing was definitely a product of a great school-wide effort and a poignant sign of commitment and perseverance by our student-athletes!!

Go Kings!!!

MUCKLESHOOT KINGS BASEBALL

- April 19 At Rainier Christian School, 3:30PM
- April 21 HOME, Mount Rainier Lutheran, 3:30PM
- April 28 At Tacoma Baptist High School, 3:30PM
- April 30 HOME, Chief Leschi High School, 1:00PM
- May 04 At Taholah High School, 4:00PM
- May 06 At Mount Rainier Lutheran SERA, 3:30PM



MUCKLESHOOT KINGS Middle School Girls Basketball Team

Lady Kings end season on a high note. On Thursday, March 24, the Muckleshoot Middle School Girls Basketball Team capped their season with a 49-8 victory over Chief Leschi to finish their season with two convincing victories. Girls on the 2011 roster include, in alphabetical order, Ashley Aho, Brianna Carranza, Patience Daniels, Belem Asparza, Alexis Ho, Leondra Keeline, Leesa Lozier, Leanne Redthunder, Lluan Sicade, LaShawna Starr and Cissie Stockish.



2011 Muckleshoot Tribal School Softball Team

2011 Muckleshoot Tribal School Softball Team. Back row: (left to right) Carlee Eyle, Gus Hall (Coach), Adriell Foxley (Coach), Lee Reichert (Coach), Shalena Summers; Middle Row: Lana Tsoisie, Emily Jerry, Jenel Hunter, Linda Ames; Front Row: Alexis Mason-James, Lucinda Moses, Keilani Moses, Kendra Bean

MTS 2011 SOFTBALL SCHEDULE

- April 19 HOME, Quilcene High School, 3:30PM
- April 26 AT Evergreen Lutheran HS, 3:30PM
- April 28 AT Seattle Lutheran High School, 3:30PM
- May 04 AT Taholah High School, 4:00PM
- May 05 AT Quilcene High School, 3:30PM
- May 10 AT Tacoma Baptist High School, 3:30PM
- May 12 HOME, Evergreen Lutheran, 3:30PM

MUCKLESHOOT RECREATION PROGRAM

SUBMITTED BY FRANKIE LEZARD



8 & Under Basketball team in Taholah, WA

Joe, Scotty, Richie, Adam, Kalani, Zack, Ryan, Jordan, & Kalea

2nd Place Good Job Kids



10 & Under Bball team in Nisqually

Cash, Avery, Darrious, Dillion, Kobe, Yonita, Shaylynn, Kalea, Lamont.

2nd Place



10 & Under in Taholah.

Add: Ryan & same as above.



Bball Buddies

Kalea, Yonita, & Shaylynn.



10 & Under in Puyallup

Shaylynn, Cash, Darrious, Kobe, Avery, Dillion, Kalea, & Jordan



*Basket Ball Season year 2011 Co-Ed
8 & Under also 10 & Under*

Great year for youth basketball, I would like to thank all those that had played with our Recreation Department this year. I enjoyed helping coach and watching each game that was played by our youth. I hope that every player returns next year. Thank you to all the parents that showed up for games and support our youth, which really means a lot to each child. Last I would like to thank Pauline-Coach, Kelvin- Asst Coach, Tab-Asst Coach, and anyone that I have left out who has helped.



Team Warm Ups

CABANAS RECEIVES LEAGUE, STATEWIDE HONORS

Antonio Cabanas, who set the bar high for future MTS basketball players with the many team records he set this year, has been named to the SeaTac 1-B All-League First Team. Cabanas led the league in scoring and had the 6th highest average of all Seattle area players. Teammate Ryan Oldman was named to the second team. Cabanas, a senior, also earned Honorable Mention for the Class 1-B All-State Team.



Muckleshoot Tribal School
Do You Have Questions About Your Child's Development?

All children develop at different rates and in different ways. Some children are born with special needs that can affect their growth and development. Other children may not show developmental differences or delays until later in childhood.

Muckleshoot Tribal School would like to locate and identify children who might have a disability. To do this, we are providing a free 'developmental checkup' done by our occupational therapist, speech therapist, special education teacher, school psychologist and nurse. Our school counselor is also available if you have questions about social & behavioral concerns.

The checkup consists of a brief screening of these areas: motor, communication/speech and thinking skills and a vision and hearing screen.

If you have a concern regarding your child please call MTS to make an appointment or just to ask questions. We welcome your calls.

WHAT: Child Development Check Up for school age children
WHEN: Friday, April 22, 2011, 12:30 - 3:30 p.m.
WHERE: Elementary Building, Room #1103

Call 253-931-6709, Ext. 3700, Helen Feiger; or Ext. 3799, Val Daniels. Walk-ins are also welcome, although there could be some wait time.

Call For Submissions

The Muckleshoot Review- Traditional Foods Edition

Submission deadline is June 15, 2011. Send all works to Alicia.woods@muckleshoot.nsn.us or deliver to MTC, Rm 205. Please do not submit originals as they might not be returned.

MTC - 39811 Auburn Enumclaw Rd SE, Auburn, WA 98092* (253) 876-3375

The Muckleshoot Tribal College is pleased to announce the upcoming publication of the Muckleshoot Review. We are currently seeking submissions inspired by what traditional foods mean to you. Whether it is a poem on picking berries or a family recipe with a photo, submissions can explore our complex and creative thoughts on both tradition and food.

Works Accepted:
 Poetry
 Short Stories
 Song Lyrics
 Photographs
 Recipes

* We can arrange to have photos taken of artwork such as: paintings, carvings, beadwork and drawings*

GED Film Series




Time: 1:00
Date: Every Monday

Come watch a film and practice your analytical and critical thinking skills. We will follow up the movie with a group discussion and an engaging writing exercise.

For more info call: 253 876-3375

Muckleshoot Tribal College
Room 205
39811 Auburn Enumclaw RD
Auburn, WA 98092
WWW.Muckleshoottribalcollege.org



**Remember: Dates are Subject to Change,
Please Call College to Confirm Dates!**

Testing Dates are

April 15, 22 May 6, 13, 20

Please Arrive Early!
You may choose one test per session

9:00 Reading, Social Studies, Science
10:30 Reading, Social Studies, Science
12:30 Math OR Language Essay Choose only One!
2:45 Reading, Social Studies, Science

If you are planning on taking 4 tests in one day then do your Essay at **12:30** & do your Math the next testing session

Passing a Pre-Test with a 450 score is Mandatory before taking the GED test. Anyone may pay for the GED test themselves if they do not wish to Pre-test.

There is a Mandatory (1 Time) GED Orientation held. Tuesday & Thursday at 3PM & Wednesday at 10AM, Orientation will be approximately 20-30 minutes long please see the GED Examiner or GED Instructors.

We are pleased to announce that the "rumor" that you needed to be done with all of your testing before 2012 was a false rumor, you do not have to finish by January 2012. However we encourage you to do so.

Contact Mitzi Judge @ Muckleshoot Tribal College
253-876-3395 mitzi.judge@muckleshoot.nsn.us
Or Tribal College Main Office 253-876-3183
www.muckleshoottribalcollege.org

GED Instructor's Phone number Alicia 876-3375 or Jessica 876-3256
Located at 39811 Auburn Enumclaw Road SE, Auburn WA 98092

MTC is open to everyone to attend regardless of race

Complete Your Degree and Make a Difference in Your Community



In partnership with the Muckleshoot Tribe, Antioch University offers a B.A. Completion program at the Muckleshoot Tribal College with concentrations in the following areas:

- Leadership and Organizational Studies
- Human Development and Learning
- Individualized Studies


Apply by Aug. 31st for Fall quarter - Classes Begin October 2010

www.antiochseattle.edu/BA

ANTIOCH UNIVERSITY

SEATTLE

Contact Jessica Porter, First Peoples Program Coordinator, 206-466-3472, jporter1@antioch.edu



GED at the Muckleshoot Tribal College

Come check out our newly renovated tutoring center today!
For more information on tutoring, please contact Jessica or Alicia at: 253 876-3256 or 253 876-3375

Muckleshoot Tribal College - 39611 Auburn Enumclaw Road SE, Auburn, WA 98092
WWW.MUCKLESHOOTTRIBALCOLLEGE.ORG

Northwest Indian College Seeks Part Time Faculty

Academic Faculty must have a Masters degree in subject area or similar field and experience working in Native American communities.

Continuing Education instructors wanted to conduct workshops in art, fitness, cooking, and more.

- Math
- English
- Humanities
- Social Sciences
- Natural Sciences
- Native Studies
- and more.

Please submit resume and cover letter to:
 Harmony Blancher
 NWIC Site Coordinator
 253.876.3274
 hblancher@nwic.edu



Did you earn your GED at the Muckleshoot Tribal College?

If so, we'd like to hear your story.
Please contact Jessica or Alicia at:
253 876-3256 or 253 876-3375

Do you hold a lifetime of cherished family photos that you don't want to risk losing?



In light of the recent wild fire tragedy that struck the community of White Swan, it has sparked an interest for our people to get their treasured photos saved digitally.

So, if you'd like to have your photos saved to disc,
Mark this date on your calendar:

Saturday, April 16th, 2011


Where: Muckleshoot Tribal College
When: 10:00 AM to 2:00 PM

Depending on the popularity of this service offering, the college staff may schedule future dates to accommodate the demand. If you're interested in this service or have further questions or concerns please call the college at 253.876.3183.

- The Tribal College will provide a disc and in the future may offer on site, flash drives to purchase.
- MTC Staff may need to restrict scanning time slots to 20-30 minute intervals

THE MUCKLESHOOT REVIEW

Volume 2 of *The Muckleshoot Review* is now available at the Muckleshoot Tribal College. *The Review* is an eclectic mix of original art and writing from MTC students, staff, community members and teaching artists. Come to Room 205 and pick up your copy today.



GED Tutoring

Free to all community members

- One-on-one tutoring
- Private study space available
- Assistance in obtaining accommodations due to learning disabilities

Monday-Friday 9am to 5pm
Muckleshoot Tribal College room 203

For tutoring: Jessica Porter at 253-876-3256 or Alicia Woods at 253-876-3375

For testing questions: Mitzi Judge at 253-876-3395
 NOTICE: The GED agency is re-creating their tests, and all existing test scores will be voided after January, 2012. This means that if you have taken any tests in the last 10 years, those tests will be invalid after January, 2012. Please come and see us ASAP about finishing your GED!

✂ Clip & Save

Muckleshoot Indian Tribal Graduation Dates 2011

INCLUDING OTHER LOCAL GRADUATION EVENTS THAT MAY BE OF INTEREST TO THE MUCKLESHOOT COMMUNITY

Head Start:

Friday, June 3, 2011 at 10:00 a.m. at the Muckleshoot Pentecostal Church

Tribal School:

12th grade: Friday June 10, 2011 at 5:00 p.m. at the Muckleshoot Tribal School (MTS) Gym

8th grade: Monday, June 13, 2011 at 8:30 a.m. at the MTS Elementary Gym

Kindergarten: Monday, June 13, 2011 at 11:00 a.m. at the MTS Gym

5th grade: Tuesday, June 14, 2011 at 9:30 a.m. at the MTS Gym

Birth to 3:

Friday, June 10, 2011 12- 3 p.m. Trip to Northwest Trek (families that participated in the program this year).

High School Graduation Dinner by Student Incentives/Rewards Program:

Friday, June 17, 2011 6:00-9:00 p.m. MIT Casino Conference Rooms Upstairs old Human Resources side.

Higher Education Dinner:

Thursday, June 16, 2011 at 6:00-9:00 p.m. MIT Casino Conference Rooms Upstairs old Human Resources side.

All Auburn School District:

Auburn Riverside High School: Saturday, June 18, 2011 4:00 p.m. at Auburn Memorial Stadium

Auburn Mountain View High School: Saturday, June 18, 2011 11:00 a.m. Auburn Memorial Stadium

West Auburn High School and Virginia Cross Native Education Center: Saturday, June 18, 2011 1:30 p.m. Auburn Performing Arts Center

Auburn High School: Sunday, June 19, 2011 4:00-6:00 p.m. at Auburn Memorial Stadium

Enumclaw School District: Monday, June 13, 2011 7:30 p.m. at the White River Amphitheater

Antioch University Graduation: Friday, June 24, 2011 at 1:00 p.m. held at Benaroya Hall- Seattle, WA

Evergreen State College:

Evergreen State College Friday, June 10, 2011 1:00-4:00 p.m. Red Square (Olympia Campus)
Reservation Based Community Determined Program Sunday, June 5, 2011 (time TBD) Evergreen State College Longhouse

Northwest Indian College: Friday, June 17, 2011 at 5:00 p.m. in the Wex Li'em Community Building, Bellingham, WA.

The Youth Services Program Welcomes Two New Employees to the Team

The Youth Services Program is happy to announce and introduce two new staff members to the team, Harold Belmont Jr. and Samuel Johnson.

Harold "Lloyd" Belmont Jr. started in late December, 2010 as the transporter for the program. Lloyd came to us after working for the Snoqualmie Tribe as a case worker for their mental health program. In that position he had lots of experience driving and transporting clients all over western Washington. He also has experience working with the Suquamish Tribes Wellness Program as an outreach worker in addition to a variety of other positions.

Lloyd grew up in Seattle and graduated in 1979 from Garfield High School. He is a tribal member of the Nooksack and Duwamish Tribes, but also has 1st Nations (Canadian) and Philippino roots. Lloyd has lived on the Nooksack reservation, the Suquamish reservation, and now currently lives in the Auburn area. Prior to this position as the transporter, Lloyd has had experience in the Muckleshoot community through canoe journeys, playing in Sla-Hal baseball tournaments, and attending Pow Wows. He has been involved with canoe journey since 2002 and really enjoys drumming & singing.

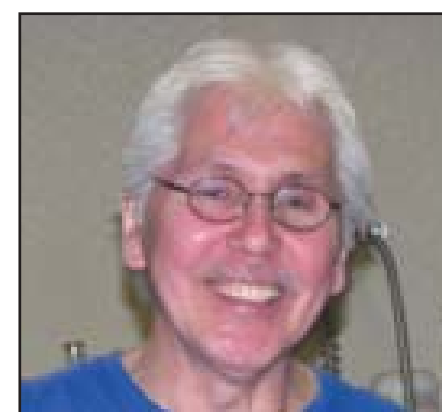
Lloyd is a fun, upbeat, and super positive person and the youth in the program have really warmed up to him quickly. He is much more than just our transporter, he has helped out in all areas within the program and often can be found facilitating activities and playing with the kids. Lloyd has lead circle groups, taught the kids how to make drum sticks, brought in clams and showed them how to clean & cook them, and even taught them about the Chinese New Year. He is a great role model for the youth and this is actually his favorite part of the job. Lloyd has been sober since 1993 and since then so many doors in his life have opened and he is full of life and excited to share that with others.

Lloyd is looking forward to getting the Youth Facility participants more involved in community and cultural events. He also wants to learn more about the kids and what they want so he can provide them with the resources and opportunities to achieve their goals. In closing Lloyd wanted to say "Hoy7 chxw k'a siem," which means thank you very much in the Halq' em' eylem language from the Frasier Valley region of Canada.

Samuel "Sam" Johnson started with us in late March as the cook. Sam has nearly 45 years experience in the food industry and has been cooking since the age of 14. He is a Klinkit Tribal member and grew up in Juneau, Alaska. He was fortunate to learn about his Native culture starting at a young age from his grandfather who taught him how to fish. Sam says his grandfather passed down traditional knowledge of where to fish, how to identify different types of fish, and all about their different behaviors. As a young adult Sam did work on a commercial fishing vessel, however, cooking is his passion and is the career path he has pursued his whole life. He has worked as a cook in a variety of hotels, the Muckleshoot Casino, and the Emerald Queen Casino to name a few.

Sam has been living in Washington for the past 25 years and currently lives in the Auburn area. He is the proud grandfather of Muckleshoot youth Keevin Williams Jr, Izayah Williams, Seonee "RooRoo" Williams, and Aiyahnah Williams. Sam also knows many of the Youth Facility participants through his grandchildren and is having fun seeing them each day and feeding them good meals. Sam is planning to start a cooking class program at the Youth Facility in the near future, in hopes to pass down his love for cooking to the youth and teach them some great life skills. He is excited to be part of the Youth Services team and to be working for the Muckleshoot Tribe and to be given the opportunity to work with the youth and watch them grow.

On behalf of all the Youth Services staff we want to welcome both Lloyd and Sam to the team! We are grateful to have you both on board and look forward to working together.



Samual Johnson

COLLEGE BOUND

Here are a few snapshots of the trip we took with some of the Muckleshoot Tribal School students to California, where we visited Stanford and Humboldt Universities. We're still looking forward to our next road trip with the kiddos! ~ Janet Emery



MUCKLESHOOT YOUTH FACILITY

Hours of Operation

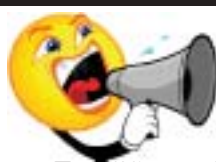
SUNDAY: Closed
MONDAY: Closed
TUESDAY: 12:30-9:00pm
WEDNESDAY: 12:30-9:00pm
THURSDAY: 12:30-9:00pm
FRIDAY: 3:00pm-11:30pm
SATURDAY: 12:30-9:00pm

MIT YOUTH FACILITY
38624 172nd Ave. SE
Auburn, WA 98092
Phone: 253-876-3383



Stop in today to enroll your youth in the program. We offer a variety of activities, games, crafts, field trips and more. We also provide transportation and meals to all youth participants. Please inquire within for details on how to get your youth involved.

Youth Facility



CALLING ALL YOUTH

The Youth Facility is welcoming all youth between the ages of 5-18 to join our program. The Youth Facility is open Tuesday through Saturday after school and in the evenings. We offer a variety of activities every day from arts & crafts to recreational games to cultural activities. We also offer homework time every week-day to help you with your homework problems. In addition we regularly go on off site field trips and have monthly Family Fun Nights. All you have to do to join the fun is stop in and fill out an enrollment packet, and let the fun begin!

For any questions please call us at 253-876-3383.

MIT YOUTH FACILITY
38624 172nd Ave. SE
Auburn, WA 98092
Phone: 253-876-3383



...because we care.

Free Early Childhood Enrichment

The following programs are available for you & your family:

Muckleshoot Birth to Three
(serves infants/toddlers 0 to 36 months & their families)

Muckleshoot Head Start
(serves 3 to 5 year olds & their families)

Look what we have to offer:

Birth-3:

- Developmental Screenings & assessment
- Developmental Monitoring
- Early Intervention Services:
 - Speech/Language Therapy
 - Occupational Therapy
 - Specialized Instruction
- Group or Individual Play in a safe/ nurturing environment to promote language, motor, social/emotional, adaptive, & cognitive development
- Transportation
- Meals
- Recreational Activities (fieldtrips).

(253) 804-9695

What you teach from Birth to Three is what will matter most to me.

Head Start:

- Qualified Teaching Staff
- Transportation
- Free Meals
- Quality Education in Preparation for Kindergarten
- Parent Involvement with Exciting Projects
- Opportunity for Parents to become "TEACHERS"
- Full-Day or Half-Day Instruction
- Vision & Hearing Screenings
- Field Trips
- Early Childhood Special Education Services:
 - Speech/Language Therapy
 - Occupational Therapy
 - Specialized Instruction

(253) 876-3224

Where preparation meets potential. Educating our future leaders.

Do You Have Concerns About Your Child's Development?

Does your child:

- roll, crawl, walk, run, or climb like others his/her age?
- hear well?
- talk like others his/her age?
- Can you understand most of what your child says?
- Is your child's vision okay?

If you have answered "NO" to any of these questions, please contact one of these programs.

The Optical Department at the HWC!



The eyeglass benefits are the same as they've always been.
 One comprehensive eye exam once every 12 months.
 New lenses once every 12 months. Adults eyeglass frames once every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHWC optical department. We are also offering contact lenses and necessary supplies for contacts.

The Optical Department is a Tribally-owned business. Patients must meet CHS eligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648. Optical Department open regular HWC business hours.

Notice to All CHS Eligible Patients

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review. This will ensure timely payment to your provider.

As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

CHS Office Hours:
Monday – Friday, 8am – 5pm
Closed for Lunch 12pm – 1pm
Phone: 253-939-6648

Massage Therapy

30 min. appointments

*Two 30 minute massage appointments
Now Available Daily!!!

- *Same day appointments often available!
- *Great for stress relief
- *All eligible members welcome

Muckleshoot Massage Therapy
 Mon - Friday 8am - 5pm
 Closed 12 - 1 daily for lunch
 253-333-3620

Notice:

In an effort to better serve you better, we are making some changes to the walk-in clinic and medication refill guidelines. These changes took affect *Dec. 15th, 2008* and include:

- Walk-in Clinic at 1 pm M-F will be seen based on medical need—not on a first come, first serve basis.
- Patients presenting for walk-in will be checked on their Registration status. If necessary, you will need to update your application.
- The walk-in clinic will no longer be used for pain medication refills. Please see your provider for refills.
- Lost or stolen narcotics will no longer be refilled.

Thank you in advance for your cooperation as we continue to look for ways to improve our services for you and your family.

Help in Quitting Smoking!



The Muckleshoot Health & Wellness Center uses and endorses the **Washington State Quitline** to assist in stopping smoking.

Call 1-800-QUITNOW for free and effective help in quitting smoking.

CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS

CHS OFFICE (253) 939-6648

1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre-authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
2. In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
3. Prior notification does not guarantee CHS can pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

BEHAVIOR HEALTH PROGRAM ANNOUNCEMENT:

The Behavioral Health reception window is now open throughout the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork. If you have any questions, please call us at: (253) 804-8752

Is Heroin Running Your Life?

There is help.

Call 253-804-8752

Having a problem with pain pills? Does your life revolve around pills?

If pills control you instead of you controlling the pills.....

Suboxone (Sub-ox-own) referrals and treatment now available @ HWC!

Help for prescription pain medication dependence is now being offered through the Health and Wellness Center. Suboxone is also used in the treatment of other opiate-based or synthetic opiate drug dependence. These drugs include: Oxycodone/Oxycontin, Hydrocodone, Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

- SUBOXONE at the appropriate dose can:
- Reduce illicit opioid use
 - Help patients stay in treatment
 - Suppress symptoms of withdrawal
 - Decrease cravings for opioids

The Health and Wellness Center has a medical provider licensed to prescribe suboxone.

For more information please contact Behavioral Health at (253) 804-8752

Ask the Dentist....

Monthly columns brought to you by your dental staff at the Health & Wellness Center.

Craig Brandon, DDS

Question:

Dear Dr. Craig,

My son is always dropping his “BINKY” on the floor. Can’t I just suck on it to clean it before giving it back to him?



Answer:

- No, do not clean a dropped pacifier (binky) by putting it in your own mouth because bacteria from your mouth can not only cause cavities in your child’s teeth but may also spread colds and the flu.
- Also, don’t try to calm a fussy baby by dipping a pacifier in juice or other sweetened drinks as the sugar in sweet drinks can damage children’s teeth.
- For a fussy baby try using a wet cloth or pacifier that has been in the freezer for about 5-10 minutes.



Rachael DiPasquale, DDS

Question:

Dear Dr. Rachael,

Is it true that energy drinks like “ROCKSTAR” can damage my teeth?

Answer:

- Yes, most sports and energy drinks are very acidic because of chemicals that break down the outer coating of teeth causing cavities.
- Even people who brush and floss every day are at risk.
- You can lower the chance of damaging your teeth by using a straw and rinsing your mouth with water after finishing an energy or sports drink.

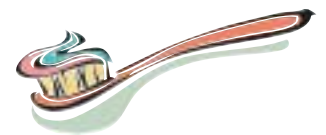


Tanya Clarke, RDH

Question:

Dear Tanya,

I just found out that I’m pregnant. Will I notice any changes in my mouth during pregnancy?



Answer:

- You may notice red, puffy or tender gums that tend to bleed when you brush, this is normal and usually starts during the 2nd month of pregnancy.
- It is important to continue gently brushing and flossing the teeth and gum tissue.
- If your gums or teeth feel uncomfortable at any time or if you would like a new soft bristle toothbrush make brushing more comfortable please drop by the H&WC Dental Clinic so we can help.

Dental Clinic Location & Hours (253) 939-2131



We are located on the 2nd floor of the Health & Wellness Center.

Appointment Times		Emergency Walk In Times
Monday	8:00am-5:00pm	8:00-8:20 am.
Tuesday	8:00am-5:00pm	8:00-8:20 am
Wednesday	9:00am-5:00pm	9:00-9:20 am
Thursday	8:00am-5:00pm	8:00-8:20 am
Friday	8:00am-5:00pm	8:00-8:20 am
Closed Daily	12:00-1:00pm	

Grief is painful and at times the pain seems unbearable, now is the time to seek support!

Grief and Loss Support Group

with Dr. Sarlak@ the Muckleshoot Health & Wellness Behavioral Health Program

Every Thursday 5:00 pm – 6:30pm

Open for everyone, please call Muckleshoot BHP for further questions.

253-804-8752

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center
Monday	8-5 pm	8am-8 pm
Tuesday	8-5 pm	8am-8 pm
Wednesday	9-5 pm	9am-8 pm
Thursday	8-5 pm	8am-8 pm
Friday	8-5 pm	8am-7 pm
Saturday		10 am-2 pm
Sunday	All Programs Closed	

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures for May 2011

Day	Date	Times Closed	Reason for Closure
Monday	05/05/11	8-9:30	Monthly All Staff Meeting
Friday	05/27/11	All Day	Employee Appreciation Day
Monday	05/30/11	All Day	Memorial Day

“Your Suggestions Count”

The Muckleshoot Health & Wellness Center offers “suggestion boxes” where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not “incident reports”, but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

We have a new telephone system designed to make ordering your refills even easier than before.

1. Dial 253-333-3618
2. Enter your prescription number (located right above your name)



HEALTH & WELLNESS SHUTTLE BUS SERVICE

The Muckleshoot Health and Wellness Center’s shuttle bus service added two new stops in March! The new stops are at the Green Tree senior apartments on Dogwood St (pending permit approval City of Auburn) and at the new Skate Park on 392nd street.

There are now eleven bus stop locations through-out the community! The normal service runs are Monday-Friday from 12:00 p.m. until approx. 8:45 p.m. The shuttle bus picks up and drops off at designated bus stops only. Pick up times and locations may be adjusted as needed.

ADDING THESE NEW STOPS WILL CHANGE THE SCHEDULE PICK UP TIMES!!!

BUS TIME SCHEDULE										
MONDAY - FRIDAY 12 pm - 4 pm & 5 pm - 8:50 pm										
Stop #1	Stop #2	Stop #3	Stop #4	Stop #5	Stop #6	Stop #7	Stop #8	Stop #9	Stop #10	Stop #11
HEALTH & WELLNESS	SENIOR CENTER	VIRGINIA CROSS ED. By BC	GFC	GREEN TREE On Dogwood St	17th STREET SE (bottom of Aub Hill)	DAVIS Property Housing Project	SKOPABSH VILLAGE	392nd STREET By Cedar Village	Pentecost Church	SKATE PARK Crossroad 392 nd & 172 nd
12:00 PM	12:03 PM	12:10 PM	12:17 PM	12:19 PM	12:24 PM	12:38 PM	12:43 PM	12:47 PM	12:50 PM	12:53 PM
1:00 PM	1:03 PM	1:10 PM	1:17 PM	1:19 PM	1:24 PM	1:38 PM	1:43 PM	1:47 PM	1:50 PM	1:53 PM
2:00 PM	2:03 PM	2:10 PM	2:17 PM	2:19 PM	2:24 PM	2:38 PM	2:43 PM	2:47 PM	2:50 PM	2:53 PM
3:00 PM	3:03 PM	3:10 PM	3:17 PM	3:19 PM	3:24 PM	3:38 PM	3:43 PM	3:47 PM	3:50 PM	3:53 PM
5:00 PM	5:03 PM	5:10 PM	5:17 PM	5:19 PM	5:24 PM	5:38 PM	5:43 PM	5:47 PM	5:50 PM	5:53 PM
6:00 PM	No Pick-up	6:10 PM	6:17 PM	6:19 PM	6:24 PM	6:38 PM	6:43 PM	6:47 PM	6:50 PM	6:53 PM
7:00 PM	No Pick-up	7:10 PM	7:17 PM	7:19 PM	7:24 PM	7:38 PM	7:43 PM	7:47 PM	7:50 PM	7:53 PM
Last pick-up 8:00 PM	No Pick-up	8:10 PM	8:17 PM	8:19 PM	8:24 PM	8:38 PM	8:43 PM	8:47 PM	8:50 PM	Last drop off only 8:53 PM

NOTE: SUBJECT TO CHANGE DURING ADVERSE WEATHER AND UNSCHEDULED SERVICE DISRUPTION (PLEASE NOTE: THE BUS WILL PICK UP AND DROP OFF AT DESIGNATED STOPS ONLY)

RULES FOR ALL USERS

- Children 12 years old or younger must be accompanied by a person 16 years of age or above.
- No smoking
- No consumption of alcoholic beverages on the shuttle bus
- Move for seniors and people with disabilities
- Be considerate of others, no offensive language
- Don't take more than one seat
- Fireworks or flammable liquids are not allowed on the bus
- Roller skates, roller blades, or heeled shoes are not allowed to be worn on the bus

Introducing the Wellness Center Youth Adventure Club

April's Fitness Adventure is Hiking!



- To be eligible to go on the adventure, you must complete at least two 30 minute training sessions with the Youth Activity Leader anytime during the month of April.
- Once completed, you are eligible for the adventure field trip to hike Mt. Peak in Enumclaw on Saturday, April 30th from 10:30am-1:30pm.
- Mt. Peak is a 1000 foot incline with a short one mile trail to the summit. It is a great local hike that is perfect for beginners.
 - Lunch will be provided.
- This adventure is open to ages 9-15 (Wellness Center Members Only).

For more information contact Jess at 253-333-3616 or by email at jessica.neumann@muckleshoot-health.com

4TH ANNUAL MUCKLESHOOT WELLNESS CENTER

REBECCA
 279
 140
 -139

DANNY
 288
 229
 -59

VICTORIA
 358
 285
 -73

DARIS
 248
 244
 -4

DO YOU HAVE WHAT IT TAKES TO BE THE "BIGGEST LOSER"?

STARTS APRIL 25TH!!

- 8 Weeks Long
- You will be placed on a Team: **Team Red—Team Black**
- Awesome prizes given out for 4 different categories!!!!
 - Biggest team %weight loss at week 4 and 8
 - Highest % weight loss, male & female
- Must be 15 and older & a member of the Muckleshoot Wellness Center
- Sign up at the Wellness Center Today or Call 253-333-3616

Muckleshoot Elders Newsletter



Happy Birthday

Mike Starr	1 st	Stanley James	8 th
Dennis Nichols	2 nd	Archie Lobehan	8 th
Alfred WhiteEagle	3 rd	Sophie Spencer	13 th
Neva Hamilton	5 th	Buddy Wayne	14 th
Marie Paul	6 th	Grant Adair	15 th
Marjorie Williams	7 th	Linda Gonzales	17 th
Rose Cross	7 th	Valerie Bellack	17 th
Mona Ficcaro	7 th	William Miller	19 th
Mae Smith	7 th	Darrell Stewart	19 th
Antonio Perez	8 th	Patricia Jones	28 th

Muckleshoot Sovereignty Day
Friday, April 8th
The Senior Center will be closed

Upcoming Elders Luncheons for April & May

Muckleshoot Elders Luncheon
Wednesday, April 27th
Emerald Downs
Doors open at 10^{am}
Lunch served at Noon

Tulip Elders Luncheon
Thursday, April 28th
Tulalip Casino
11:30^{am} to 2:00^{pm}

Spokane Tribe Elder's Dinner

Thursday, May 5th
Longhouse in Wellpint
BRUNCH will be served at 9:00^{am} for early birds
BINGO will start at 10:00^{am} and raffle tickets will be sold throughout the day
Lunch will be served at Noon

Yakama Nation Elders Dinner

"Ridin Thru Yakama Trails" Trail of Golden Moments
Thursday, May 19th
Sundome at Yakima Central Washington State Fair Grounds 9:00^{am}

Thank you!!!

The Elders Committee has instructed the Senior Center Staff to continue working on Door Prizes for the Annual Elders Luncheon. If any you Seniors & Elders would like to come into the Senior Center and show us how it's done, come on, come on. The Elders, Seniors & Staff have completed work on the Tie Blankets. Now we are concentrating on Cedar work & Bead work. We would like to send out a big THANK YOU to the Elders & Seniors that have been coming in to help out so far.

Caregivers & Self Care Workshops

Recently, our Elders & Seniors, who are also caregivers, have traveled to both Ocean Shores & The Great Wolf Lodge to attend Caregivers & Self Care Workshops. These workshops were intended to give our Caregivers information to make their jobs a little bit easier. At the Caregivers Workshop, our own Effie Keeline-Tull instructed a class on how to clean your house without using harmful chemicals. The Self Care Workshop was a great success. Tribal Members Valerie Segrest & Andrew Burdette held a

class on Traditional Foods & Traditional Medicines. Angelo Bacca educated participants on diabetes and the advantages of exercising. HWC's Dave Turpin held daily water aerobic classes and the participants really enjoyed getting into the water. The Caregivers really seemed to enjoy themselves.

Effie Cleaning tips

To keep your window clean:

- One gallon of water
 - Two cups of rubbing alcohol
 - Two tablespoons of Prell shampoo
 - Mix well
 - Pour into spray bottles and use clean rags or paper towels on your windows.
- A helpful hint found in County women April -May addition.

Reminders:

The Seattle Mariners 2011 Season begins on April 1st and their first home game is on Friday, April 8th. Come on in and sign up for the raffle.

The next Elders Breakfast is scheduled for Saturday, May 28th at the Spice Bay Buffet at 9:00^{am}.



From left: Irene Anderson, Victor Jackson, Robin Rivera, Arlene Price, Joey Jansen, Sharon Saylor, Monica Williams, Ava Ambrosia, Noreen Milne, Doy Sandoval, Aletta Moses Ortiz, Harmony & Symphony Blanche

Tribal Cooks Retreat

Sponsored by the Muckleshoot Senior Center & the Muckleshoot Food Sovereignty Project

Written by Valerie Segrest, a Muckleshoot Tribal Member, working as the Native Foods Nutritionist for Northwest Indian College & photographs by Roger Fernandes.

There seems to be this renaissance happening around the culture of food and cooking. It is quite exciting to witness and so deliciously enticing that one couldn't possibly stand on the sidelines for an extended period of time. Along with this energetic transition happening in our food system has come a larger palette of ingredients to choose from. Although many Native communities are returning to foraging, hunting, digging and fishing for our traditional foods, there are many healthy modern foods with live flavors to choose from like arugula, kale, basil, thyme, garlic and chives.

It is true that times are changing, and this got me thinking about our communities Tribal Cooks and all their culinary talent. The idea of holding a two-day retreat for our cooks came during a discussion with Wendy Burdette, the Senior Center Program Manager. We were talking about her new Farm-to-Table program that brings local fresh produce in to the center for their daily Seniors lunch program. She felt it was important to give the cooks the time to be creative and work with fresh ingredients.



Joey Jansen teaches how to fillet a fish

Below: Doy Sandoval preparing poached salmon.



Robin Rivera saute's some fresh veggies.



Above: Irene Anderson & Victor Jackson barvesting nettles

We decided to collaborate and plan a cook's retreat. In planning for this retreat, we wanted to focus on the cooks who work with our programs. We also wanted the agenda to meet their needs. With that in mind, we asked the cooks what they would like to know more about. The collaborative agenda included:

- Basic skills: knives, kitchen organization, time management
- Foraging Native Foods and Plants
- Balancing menus using fresh foods from the Pacific Northwest
- Cooking methods with whole grains
- Salad Dressing and Sauce Preparation
- Integrating Nuts, Herbs and Berries into dishes
- Creating shared meals with local foods
- Friendly Team competitions



On March 19 & 20th, 2011, Tribal Cooks from the daycare, tribal school and senior center came together at Bastyr University's nutrition kitchen to sharpen their culinary knives and talent. Elders Elaine Baker and Norma Domnick came to witness the work and give their blessings. Chef Tom French from the Experience Food Project and myself, facilitated the two-day open forum training. Senior Program Manager Wendy Burdette and Director Sharon Hamilton also attended to help organize and show their support.

Throughout the two-days we made delicious meals, memories and new culinary experiences. Participants shared that they learned a lot and appreciated the time spent to bond and network with other community cooks. The cooks also expressed the need to continue this experience on a quarterly basis.

I was so honored to spend the entire weekend with such a dedicated and gifted group of people. I know this because all that they have to offer was embodied in their delicious food! It is my hope that we can continue these trainings, and continue to support the cooks in our community. It is a Native teaching that cooking is not just about working with food, but also working on yourself and working on other people. For this reason and many more, it is important to honor our cooks, to bring their gifts out and to lift them up for all their hard work.

Thank You!

Traditional Medicine Giveaway

Muckleshoot Tribal College
April 11th, 2011 3-4pm
Free Class!

We will be making traditional plant medicines to support the Elders giveaway for their annual luncheon. The gifts produced will be shared with Tribes from throughout the Puget Sound. Come and support your Elders!

Contact Information:
(253) 876-3074 mbhanc@tc.edu
(360) 471-4044 vsegrest@gmail.com



Theresa Jerry & Berlinda Adair



Neva Hamilton & Doris Allen



Marcia Brendible & Gloria Milne



Gene Brown & Virginia Cross



Toots Baker & Nevia Hamilton

SENIOR SCENES

Here are some photos Noreen Milne took at the Caregivers Conference in Oregon and the Elders Luncheon at the casino.



Easter egg hunt & brunch

Saturday, April 23 10:00 AM-2:00PM

Muckleshoot Youth (Ages 9 & under) Easter Egg Hunt will begin at 10:00AM in the Muckleshoot Health & Wellness Center field. Muckleshoot Family Easter Brunch to follow in the Muckleshoot Health & Wellness Center Conference Rooms.

SPONSORED BY THE MUCKLESHOOT CATHOLIC CHURCH




~ MEETING NOTICE ~
Quarterly General Council Meeting
6:30 PM, Monday, April 21, 2011
Muckleshoot Pentecostal Church

FLASH LIGHT EASTER EGG HUNT

Saturday April 23
At dusk
Muckleshoot Health & Wellness Center Field
Easter Egg Surprise!

Bring Your Own Basket & Flash Light!
Ages 10 & Up welcome!
Join us for night time fun in the field!
Food & refreshments provided
Sponsored by the Muckleshoot Catholic Church

CAREER ADVANCEMENT TRAINING (CAT) PROGRAM FOR MUCKLESHOOT TRIBAL MEMBERS

Relationships Positive, customized and on-going development plans for eligible Muckleshoot Tribal Members interested in pursuing a successful career path through Muckleshoot Casino.

Work-Life Balance

Culture A great opportunity to grow and develop in a supportive environment. The CAT Program offers:

Communication

- ◆ Management Leadership Training
- ◆ Personal Development
- ◆ Specific Job Training
- ◆ Higher Education Coordination
- ◆ Rotations throughout Casino
- ◆ Externships

Integrity

Respect

Accountability

Trust Contact the Training & Organizational Development Department at MIC (800-804-4944—ask for Monica Simmons or Sarah Wilson) today to start your journey!


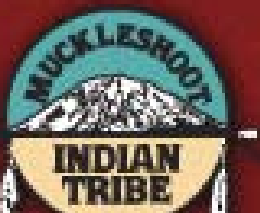
Commitment

Education



10TH ANNUAL MUCKLESHOOT VETERAN'S POWWOW

OVER \$170,000 IN CASH & PRIZES

DANCE CONTEST

GOLDEN AGE CATEGORIES (60+)
SENIOR ADULT CATEGORIES (50-59)
 \$1,200 - \$1,000 - \$800 - \$600 - \$400 Combined

ADULT CATEGORIES (35-49)
JR ADULT CATEGORIES (18-34)
 \$1,200 - \$1,000 - \$800 - \$600 - \$400
 Men's Traditional, Men's Prairie Chicken, Men's Grass, Men's Fancy
 Women's Buckskin, Women's Cloth, Women's Jingle, Women's Fancy

TEEN CATEGORIES (13-17)
 \$500 - \$400 - \$300 - \$200 - \$100

JUNIOR CATEGORIES (7-12)
 \$200 - \$175 - \$150 - \$100 - \$75

COMMITTEE SPECIALS

Veteran's Special
 \$1200 - \$1000 - \$800 - \$600 - \$400

Men's Contemporary vs Straight Special
 \$1200 - \$1000 - \$800 - \$600 - \$400

Men's Southern Straight Special
 \$1200 - \$1000 - \$800 - \$600 - \$400

Jeanette Morrison Women's Basket Hat Special
 \$1200 - \$1000 - \$800 - \$600 - \$400

Women's Southern Special
 \$1200 - \$1000 - \$800 - \$600 - \$400

Mother Daughter Special
 \$1200 - \$1000 - \$800 - \$600 - \$400

\$50,000 DRUM CONTEST

\$12,000 - \$10,000 - \$8,000 - \$6,000
 \$4,000 - \$3,000 - \$2,000 - \$1,000
 \$4,000 split for consolation set w/ non-contact drums paid

MC's: Ruben Little Head & Dennis Bowen Sr.
Arena Director: Russell McCloud
Head Man Judge: Amos Yennie
Head Woman Judge: Teasha Goodwill
Head Drum Judge: Deony Stanley, Jr.
Head Man Dancer: Ceton Thunder Hawk
Head Woman Dancer: Bobbi Lynn Frost
Whipman: Sock-Cealing

THE VETERAN

267

JUNE 24 - 26, 2011
MUCKLESHOOT POWWOW GROUNDS
AUBURN, WASHINGTON

Fri, June 24th - Grand Entry 7pm
 Sat, June 25th - Grand Entry 1pm & 7pm
 Sun, June 26th - Grand Entry 1pm

NEED EXTRA CASH???

ACCEPTING APPLICATIONS!!!

FOR THE "20TH ANNUAL" EASTER WEEKEND SLA-HAL EVENT

APRIL 22ND, 23RD & 24TH, 2011

WE HAVE OPENINGS IN CONCESSIONS, SECURITY, CLEAN-UP

THERE ARE SEVERAL DIFFERENT SHIFTS TO SIGN UP FOR!

YOU MUST BE DEPENDABLE, HONEST, & WILLING TO WORK ALSO, YOU MUST HAVE TWO PIECES OF ID & ABLE TO PASS A U/A (for HR).

IF YOU ARE INTERESTED OR KNOW SOMEONE WHO IS INTERESTED...

PLEASE CONTACT:
LISA SNEATLUM @ 253-876-3325 OR
KIM SNEATLUM @ 253-931-6709 EXT 3713

GENERAL INFORMATION:
 Event Times: (800) 804-4944 ext-4000 grant.members@muckleshoot.com
 Medication: (800) 804-4944 ext-4000 medical@muckleshoot.com
 Wendy Lloyd: (800) 804-4944 wloidy@ms.com

WEBSITE: www.muckleshoot.com

HOST HOTEL:
 Auburn Best Western Popcorn
 (800) 804-4944 | http://www.bestwestern.com
 "Forever Best"

Not liable for theft or accidents. No drugs or alcohol. Camping Available.

NO ONE Deserves to be Bullied!!!

DEAR MUCKLESHOOT MONTHLY...

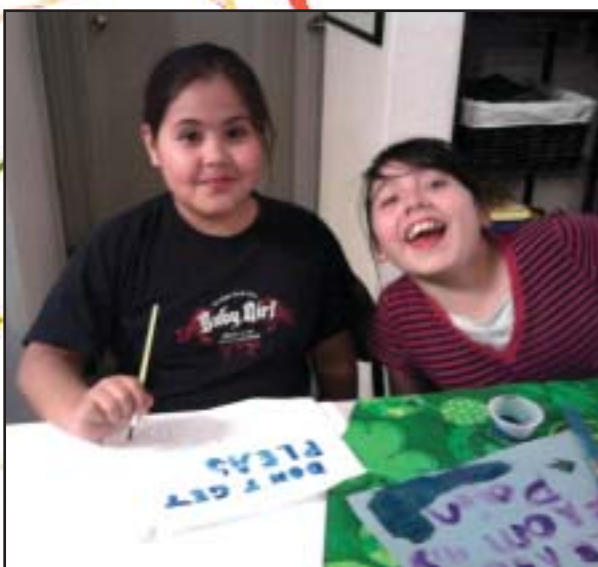
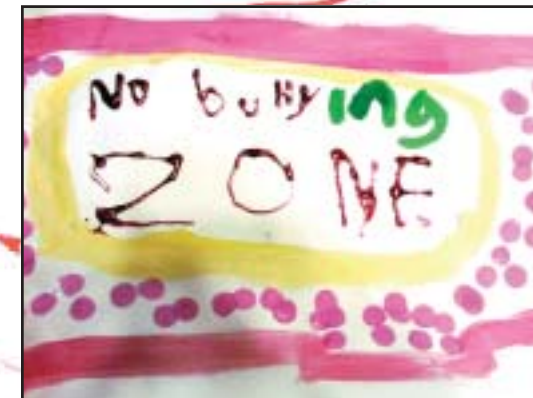
I hope you can put these in the next paper to help us get more community members involved! We need everyone to help us stop the bullying in our community!!

This event was organized to help Yvonne Emery, who is working to help make our school a better and safer place for our kids. She's been very involved in the parent/teacher meetings, and this is one of the issues on her list that needs extra attention from everyone!

Here are some pictures from our first Pizza & Poster night. The kids made posters to raise awareness about bullying in our community. They learned new tips on how to fight bullying in school and social settings and about cyber bullying!! They made beautiful yet, very powerful signs!!

We hope to host more of these fun nights throughout the year. Hope to include more kids! Keep your eye out for one of these great posters in your building!

Fawn James Hutchens



Stop Cyber bullying



ESTATE PLANNING WORKSHOP

May 4th, 9 a.m
Muckleshoot Casino Chinook Room

Institute for Indian Estate Planning & Probate

Wills

Dying Without a Will

American Indian Probate Reform Act

Probate Process

Tribal Probate Codes

Avoiding Probate

Life Insurance

Burial Insurance

SPONSORED BY THE MUCKLESHOOT SPIRITUAL & CEREMONIAL COMMITTEE



Request for Pricing: Tribal Art Consulting Muckleshoot Indian Tribe Elder's Center – "Big Art" Tribal Artists Preferred


BRIEF OVERVIEW

Project Description. The Muckleshoot Indian Tribe is in the design process for a new Elder's Center on the reservation in Auburn, WA. The new Elder's Center will serve the community needs of the Tribe's Elder population, currently numbering approximately 300. Dietary, health, general recreational, training, and cultural craft and art activities will be carried out at the new facility. SKB Architects has been selected as the designer for the project and design is currently under way. The date has not been set for start of construction.

The project consists of approximately 20,000 SF of new activity rooms and areas, kitchen and dining room, and administration. Outdoor cooking and medicinal garden areas are included. The scope of work that proposals are being solicited for entails the consulting review of the existing design with ideas and recommendations as to the incorporation of culturally significant "Big Art" into the facility. "Big Art" is defined as art that is either incorporated into the structure of the facility (e.g. a story circle) or very significant in stature (e.g. full wall mural or photo). Hanging art or smaller scale sculpture is not being considered as a part of this RFP.

General Scope of Work. Following are a list of examples of materials/images/facilities that should be considered. This list is not intended to be comprehensive, and the successful consultant is encouraged to bring as many ideas as possible to the Elder's Committee for evaluation.

- Cedar
- Sweet Grass
- Salmon
- Elk & Deer
- Native Trees and Plants
- Photographs
- Pacific Coast Salish Art
- Water Features
- Canoe Paddles
- Carving and/or coordination with carver
- Eagle
- Cougar
- Bears
- Other animals native to the Northwest/Muckleshoot traditional region



Please contact Kim Sharp to pick up complete request for pricing.
Phone: 253-876-2875
Email: Kim.Sharp@muckleshoot.nsn.us



2011 EMPLOYEE HIRING


TUESDAY, APRIL 26TH-FRIDAY, APRIL 30TH

10:00 AM – 5:00 PM DAILY

APPLICATIONS AVAILABLE AT THE WHITE RIVER AMPHITHEATRE OFFICE, NEAR THE BOX OFFICE

OPEN TO MUCKLESHOOT TRIBAL MEMBERS ONLY

USHERS-CONCESSIONS-TICKET TAKERS- SECURITY-PARKING-CLEANING-GROUNDS.



16TH ANNUAL POW-WOW

APRIL 29, 2011

ENUMCLAW HIGH SCHOOL GYM
 226 SEMANSKI STREET SOUTH, ENUMCLAW, WA


GRAND ENTRY 7 PM
 Emcee: Arnold Littlehead

For Vendor Information Contact:
 Cathy Calvert or Sarah Beasant
 (360) 802-7689
 or
 cathy_calvert@enumclaw.wednet.edu

All Dancers and Dancers Welcome
 Competitive Dancing
 Dance Specials

Sponsored by:
 Muckleshoot Indian Tribe
 and
 Enumclaw Native American Parent Association

Drug and Alcohol Free



Muckleshoot King County Library Hours

Monday-Thursday	10am-9pm
Friday	10am-6pm
Saturday	10am-5pm

Muckleshoot Library Events

Children & Families

Stories and Strings Story Times
Wednesday, May 4, 11, 18 and 25, 11am
 Come for a rockin' good time of stories, songs and silliness!

Adults

Computer Class: Publisher Level 1
Thursday, May 5, 6pm
 Learn the basics of using desktop publishing to create flyers, greeting cards, brochures and other documents.
 Prerequisite: Ability to use the mouse and keyboard.

Plateau Area Creative Writing Group
Friday, May 27, 10am
 Calling all writers! This writing workshop is designed for all who write - whether it's poetry, fiction, creative non-fiction or memoir. It doesn't matter if you're a seasoned writer or one who is just getting started, please come and share your stories.

Computer Class: Word Level I
Saturday, May 28, 10:30am
 Learn basic word processing skills such as entering, selecting and deleting text.
 This class prepares students for the Microsoft Word Level 2 class.

IN THE TRIBAL COURT OF THE LUMMI NATION
 LUMMI RESERVATION, WASHINGTON

IN RE THE WELFARE OF: S. R. DOB 6/13/1997	Relating to Case No: 2009 CVDP 1746 Case No: 2011 CVDP 2497
LUMMI NATION, Petitioner	SUMMONS FOR GUARDIANSHIP PROCEEDING
vs. ELIZABETH MILLER, Mother DOUGLAS ROBBINS, Father Respondents.	
LUMMI NATION TO: ELIZABETH MILLER DOUGLAS ROBBINS	

SUMMONS

YOU ARE HEREBY NOTIFIED that a petition has been filed in this matter requesting that the court grant a Guardianship over the above named child. A copy of said petition is attached. This petition begins a process which may result in a limitation of your parental rights. These rights may or may not be restored. A guardianship will not affect the child's tribal enrollment status.

A hearing will be held on —MAY 18, 2011,— at 9:00 a.m., at the Lummi Tribal Court, 2616 Kwana Road, Bellingham, WA 98226 (360) 384-2305. You must appear on that date or else you must respond to this summons and petition within 21 days after this summons was served on you, by filing a written response with the Court and providing a copy to the person signing this summons. If you appear on that date, a schedule will be established by the Court for later hearings in this matter. If you fail to appear on that date or otherwise file an answer to the guardianship petition, you risk a default ruling being issued against you on that date or a subsequent date. The court may receive evidence, hear argument, make findings and issue orders about this matter, without further notice to you.

A parent or legal guardian of a child who is the subject of a guardianship hearing has a right to be represented by a lawyer (attorney). A lawyer can look at the files, talk to the caseworker and other persons, tell you about the law, help you to understand your rights, and help you in court. If you are in need of counsel, you may contact Lummi Public Defender, Michael Ayona, 2616 Kwana Road, Bellingham, WA 98226, (360) 384-2309.

Dated: March 31, 2011


 Clerk of the Court
 Lummi Tribal Court
 Lummi Nation



1% INTEREST RATE

30 Mile Radius

Max Loan 567,500.00

TRIBAL MEMBERS

BUILD OR BUY

\$45,000 Down payment assistance


Are you tired of your hard earned rent money going in to someone else's pocket, why not buy now and invest in a new home? This is a great opportunity for Muckleshoot tribal members to put your money towards something that you and your family will be able to cherish for years to come. Please come buy the Phillip Starr and pick up an application in the Home Loan Department.

For more information please contact:

Cheryl O'Brien @253-876-3154 or

Maritza Munoz @253-876-2902

DISASTERS HAPPEN



WASHINGTON
 MILITARY
 DEPARTMENT
 Emergency
 Management
 Division

Create a plan. Prioritize your plan.
 Gather emergency supplies.
 Learn CPR and first aid.
 Be prepared to be on your own for at least three days.

To learn more about disaster preparedness planning, contact your local emergency management office.

Housing

CURTIS CLINARD, HOUSING EMPLOYEE OF THE MONTH

Curtis Clinard has been with Housing for about 3 years. In that time he has become an indispensable part of the efforts to provide better housing for MIT. His knowledge of the work combined with his desire to always deliver the best has turned him into one of the best Housing employees.

Congratulations to Curtis. We appreciate your hard work and enthusiasm.



MUCKLESHOOT SOLID WASTE DEPARTMENT



Use of Dumpster

Due to limited number of dumpsters available, we encourage everyone to bring your disposable items to our Public Works transfer station, but if you still need a dumpster, the below listed are some important information that will help you.

You must be an enrolled Muckleshoot Tribal member residing within the boundaries of the reservation to request a dumpster. All tenants of the MIT houses are required to request dumpster through Housing.

If you need a dumpster for your home clean up this is what you need to know.

- We need at least 3-5 day's advance notice. All dumpsters are scheduled for 3 days usage. So, please plan ahead prior your request.
- You need to fill out a work request form (on-line or in person at Public Works Office or call 253-876-3030, prompt #2).
- We can only serve your primary residence and for 2 times a year.
- Do not overfill dumpsters, we need to close the lid while in transit.
- Do not block truck access.

The following items are restricted from put inside the dumpster:

- No hazardous materials in dumpsters.
- No appliances in dumpster such as refrigerators, freezers, washers or dryers etc.
- No electronics such as computers, Televisions, VCR's etc.
- No paint, oil, antifreeze, gasoline etc.
- No batteries.
- No metal.
- No fluorescent light bulbs or tubes.
- No yard waste.

In order to serve you better, any violation of the above could jeopardize future usage and other member's need. Your corporation is appreciated!

Tribal Hunters

Annual hunters meeting usually held in July @ PSB Cougar Room watch for flyers Deer season opens AUGUST 1ST... (not tags will be issued prior to 8/1/11) Elk Season opens SEPTEMBER 15TH...

There are special forms that need to be signed and filled out if you will be having a designated hunter (DH). Please note that the wildlife department is not responsible for obtaining a DH for you. Any Muckleshoot tribal member age 16 & older is allowed to sign up as a DH in our office. DH/Hunter's cannot have any outstanding wildlife fines or rights restrictions. So start asking around now for a hunter this season.

Please DO NOT give your tags to people to hunt for you if you have not notified our office, we will have special tags for DH tags this coming season, and hunting w/o approved tags will be a violation of the ordinance and hunters subject to fines.

All Hunter information applications will require names, enrollment numbers, and dates of birth.

Any questions please call Tammy James 253-939-3311 or email Tammy.James@muckleshoot.nsn.us

PLEASE READ THE ORDINANCE AND REGULATIONS SO YOU ARE AWARE OF ALL THE RULES!

Tags are \$5 each for deer/elk Age 50 and older tags are free Thanks, Tammy James, MIT Wildlife

Earth day April 22, 2011



Earth Day: Earth day is a day that is intended to inspire awareness and appreciation for the Earth's natural environment. In 2009 the United Nations designated April 22 International Mother Earth Day.

Because we at Muckleshoot Public Works care and respect the mother earth we will be sponsoring an event for Earth Day and all are invited to participate. More details to come.

MUCKLESHOOT PUBLIC WORKS



"20th Annual" Easter Weekend Sticgame Tournament
 CELEBRATION
APRIL 22, 23 & 24, 2011

ADULTS TOURNAMENT (18 & OVER)
 REGISTRATION OPENS @ 10:00 AM & CLOSURE @ 2:00 PM SHARED!
\$75,000 CASH GUARANTEED!!!

1ST PLACE - \$30,000 & PENDLETON COATS
2ND PLACE - \$20,000 & WOOL N LEATHER LETTERMAN JACKETS
3RD PLACE - \$10,000 & SUEDED LEATHER LETTERMAN JACKETS
4TH PLACE - \$7,500 & DENIM JACKETS
5TH PLACE - \$5,000 & HOODED SWEATSHIRTS
6TH PLACE - \$2,500 & FLEECE VESTS

\$300.00 ENTRY FEE
2-5 PLAYERS PER TEAM

11:00 AM - "ELDER'S SPECIAL" (60 & OLDER)
11:00 AM - EASTER EGG HUNT / EASTER BASKETS
1:00 PM - COMPLIMENTARY EASTER DINNER
2:00 PM - SLA-HAL RAFFLE

"DE-HARD TOURNAMENT" (ALL AGES)
 REGISTRATION OPENS @ 4:00 PM & CLOSURE @ 6:00 PM
\$10,000 CASH GUARANTEED!!!

1ST PLACE - \$4,000
2ND PLACE - \$3,000
3RD PLACE - \$2,000
4TH PLACE - \$1,000

\$300.00 ENTRY FEE
2-4 PLAYERS PER TEAM

Pentecostal

Brother and Sister Larson Pay a Visit

The Pentecostal Church was blessed in March with a visit from Gerald and Bev Larson, known to the church family as "Brother and Sister Larson." Pastor Kenny and Charlotte Williams have known the Larsons since the days they became friends at Bible School in Moberge, S.D. On this visit Brother Larson preached on Sunday morning and Sister Larson did some Bible teaching.

Sister Larson's teaching asked several questions. Do you have goals for your life, your family, your church? If not, why not? If so, how are you going to reach those goals? She used the theme "Drifting or Sailing?" to help her listeners picture the process of going through life without goals (like a boat drifting whichever way the wind blows) or with goals (like a boat sailing in an intended direction). She used Proverbs 3:1-10 as her text, a passage that will help anyone who would rather sail than drift. (Story and photos by Margaret Burnett.)



Gerald Larson



Bev Larson

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	10:00 AM	Prayer
	10:30 AM	Breakfast
	11:00 AM	Church Service
	12:00 Noon	Share (Potluck) Meal
	2:00 PM	Church Services/Classes
Tuesday	12:00 Noon	Prayer Meeting
Wednesday	7:00 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

OLD WHITE LAKE CEMETERY DESECRATED



PHOTO BY JOHN LOFTUS

MUCKLESHOOT – On the night of April 2, a 1997 Ford Expedition driven by a 16-year-old juvenile missed the turn at the end of Dogwood Street and jumped the curb at a high rate of speed, crashing through the wrought-iron fence and driving over a number of graves in the Old White Lake Cemetery.

The vehicle entered at the grave of Derek Sneatlum and halted about 20 feet later after knocking the monument off the grave of Eva "Kaya" Jerry and pushing it several feet. The young driver apparently began to back up at that point, exiting where he came in. He was apprehended by police and cited for Speed Too Fast for Conditions / Failure to Control Speed to Avoid Collision.

Leslie Hoffer, who is in charge of the tribe's cemeteries and grounds, reported that the Tribe is deeply concerned about this incident and will be following up to further assess damage, but that it appears that disturbance was limited to the topsoil and grave ornaments, with no apparent subsurface damage. The ruts that the tires made were quite shallow. This was the seventh vehicle incursion into the two adjacent White Lake cemeteries in recent years, he noted.

Needless to say, the community – and especially the families whose loved ones' graves were in the path of this errant vehicle – have experienced considerable trauma as a result of this incident. Some type of appropriate ceremony might take place on the site at a later date, Tribal Council member Kerri Marquez said.

CULTURAL WELLNESS GATHERINGS

AA Meeting Time

Muckleshoot Recovery House Mondays 12:00 Noon
 39225 180th Ave. SE,
 Auburn, WA 98092

Feather Healing Circle

39015 172nd Avenue SE Tuesdays 5:00 pm
 Auburn, WA

Grief and Loss

Grief and Loss Support Group Wednesday's 6:00pm -8:00pm.
 Behavioral Health, Bear Lodge

Women's Group

Muckleshoot Tribal College Thursdays 5:00 pm

Boys Mentoring Group

Muckleshoot Behavioral Health Thursday's 4:30 pm to 9:00pm

Al-Anon Meetings

Auburn First United Methodist Church Monday 10:30 a.m.
 E. Main & N St. S.E.
 Auburn, WA 98002

Federal Way Sunrise United Methodist Church Monday 6:30 pm
 150 S. 356th St.
 Federal Way, WA 98003

CALLING ALL 2011-2012 SKOPABSH ROYALTY CONTESTANTS

If you or someone you know is interested in running for this year's Skopabsh Pow-Wow Royalty, please contact Wendy Lloyd, Vice-Chair of the Pow-Wow committee. Wendy's contact information is listed below.

What are expectations and characteristics of Skopabsh Royalty?

Royalty members are role-models for our community; they display commitment to academics as well as cultural traditions. They are confident, reliable, and respectful. Royalty responsibilities include representing themselves and our community in a respectful manner in any situation.

Royalty members are also expected to participate in as many cultural and public events as possible, such as Pow-Wows and Community and local events, like Tribal dinners, or City parades.

Contestants will be judged in the following areas:

- Public speaking
- Dancing
- Ticket sales

Tickets can be obtained from Wendy Lloyd. She may be reached during the day at (253) 804-8752 x 3213, or evenings at (cell) 253- 507-0966. Her E-mail is address is wllloyd25@gmail.com

➤ After initial tickets are distributed, at least 75% of monies must be submitted to Wendy in order to get additional tickets.

All ticket stubs, remaining tickets, and money must be turned in to Wendy Lloyd by noon on August 28th 2011

MUCKLESHOOT INDIAN CASINO

You can now apply for jobs ON-LINE

Visit www.muckleshootcasino.com and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours:
Monday – Wednesday 9am to 6pm
Thursday 9am to 9pm
Friday 9am to 5pm
HR Phone Number 253-929-5128



Native American Catholic Mass



Native American Catholic Mass at St. Leo Church/A Jesuit Parish for the month of April. Please join Father Pat Twohy on Sunday, April 24th at 1:30pm. On April 17th we have our 12:45am Kateri Circle meeting, Mass starts at 1:30pm followed by a pot-luck. On Saturday, April 16th at 7:00pm as you continue your Lenten journey; join us as we watch The Passion (the re-cut version) by Mel Gibson. To listen to Father Pat's homilies got to www.katericircle.com. We are located at 710 South 13th Street in Tacoma 98405.

2011 Per Capita Deadlines and Schedule

- May 13, 2011 - Deadline to stop taking Direct Deposit Changes/ Cancellations
- May 31, 2011 - Enrollment Cut Off Date for September 2011 Per Capita
- June 7, 2011 - Per Capita Distribution
- June 8, 2011 - Per Capita Distribution
- June 9, 2011 - Per Capita Distribution
- June 30, 2011 - Deadline for New Direct Deposits to be turned in to Tax Fund
- July 8, 2011 - Deadline for Information to be turned in to Tax Fund from Tribal Programs
- August 12, 2011 - Deadline to stop taking Direct Deposit Changes/ Cancellations
- August 31, 2011 - Enrollment Cut Off Date for Dec 2011 Per Capita
- September 6, 2011 - Per Capita Distribution
- September 7, 2011 - Per Capita Distribution
- September 8, 2011 - Per Capita Distribution
- September 30, 2011 - Deadline for New Direct Deposits to be turned in to Tax Fund
- October 7, 2011 - Deadline for Information to be turned in to Tax Fund from Tribal Programs
- November 10, 2011 - Deadline to stop taking Direct Deposit Changes/ Cancellations
- November 30, 2011 - Enrollment Cut Off Date for March 2011 Per Capita
- December 6, 2011 - Per Capita Distribution
- December 7, 2011 - Per Capita Distribution
- December 8, 2011 - Per Capita Distribution
- December 31, 2011 - Deadline for New Direct Deposits to be turned in to Tax Fund

If you have any questions or concerns, please contact Heather Evans at 253-876-3189.

24-HOUR CRISIS LINE
1-866-4-CRISIS

EVENTS CALENDAR

- April 16 Save your photo to a disk - 10-2pm. Call 253-876-3183 for details
- April 21 Quarterly General Council Meeting - 6:30 pm at Muckleshoot Pentecostal Church
- April 22 United Indians of All Tribes Elders BBQ, 12:30- 2:30 PM, Daybreak Star Center, Seattle. Free.
- April 22, 23 & 24 20th Annual Easter Weekend Sla-Hal Event - Call Lisa Sneatlum at 253-876-3323 or Kim Sneatlum at 253-931-6709 for more info.
- April 23 Flash Light Easter Egg Hunt. Ages 10 & up, at the Muckleshoot Health & Wellness Center Field. Please bring your own Easter basket & Flash Light. Begins at dusk. Sponsored by the Muckleshoot Spiritual & Ceremonial Committee Catholic Church Representatives.
- April 23 Easter Egg Hunt & Brunch. Easter Egg Hunt (Ages 9 & under) in the Muckleshoot Health & Wellness Center Field. Please bring your own Easter basket. Easter Brunch to follow in the Muckleshoot Health & Wellness Center Conference Rooms. 10:00AM-2:00PM at HWC Field & HWC Conference Rooms. Sponsored by the Muckleshoot Spiritual & Ceremonial Committee Catholic Church Representatives
- April 25 4th Annual Muckleshoot Wellness Center Biggest Loser - Call 253-333-3616 for details
- April 29 16th Annual Pow Wow - 7pm at Enumclaw High School Gym. Call Cathy Calvert or Sharon Bransard at 360-802-7689
- April 30 2011 Employee Hiring - 10 - 5pm. Applications at the White River Amphitheatre Office.
- May 4 Estate Planning Workshop. The Institute for Indian Estate Planning & Probate will discuss Wills, Life Insurance and Burial Insurance. 9:00AM-12:00PM at the Muckleshoot Casino Chinook Room. Sponsored by the Muckleshoot Spiritual & Ceremonial Committee
- July 4 Virginia Cross Birthday Party & Family Reunion. Starting at 11 AM at the Game Farm Wilderness Park (across the river, over bridge)
- June 24-26 10th Annual Muckleshoot Veterans Pow Wow. Call 253-876-3327
- July 22-24 Sobriety Pow Wow. Muckleshoot Pow Wow Grounds

Come work for Your Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.



Also see our opening on-line at www.muckleshoot.nsn.us

Visit the Muckleshoot Tribe's

NEW WEBSITE!



www.muckleshoot.nsn.us

Have you ever considered a career in gaming regulation?

THE MUCKLESHOOT GAMING COMMISSION regularly posts openings at the Casino, Tribal Headquarters, and the Commission office. Because resumes and/or applications are accepted for open positions only, check often or call 253.735.2050 for current openings.



Important information about the \$3.4 billion Indian Trust Settlement

For current or former IIM account holders, Owners of land held in trust or restricted status, or their heirs

What is this About?

After 14 years, there is a proposed Settlement in *Cobell v. Salazar*. The class action settles claims that the federal government violated its duties by mismanaging trust accounts and individual Indian trust lands.

Who is included?

The Settlement includes Indians who:

- Had an IIM account anytime from approximately 1985 to September 30, 2009,
- Had an individual interest in trust land as of September 30, 2009, or
- Are heirs to deceased IIM account holders or owners of land held in trust or restricted status.

What Does the Settlement Provide?

- \$1.5 billion fund to pay those included in the Settlement.
- \$1.9 billion to buy small interests in trust or restricted land to benefit Indian communities.
- Up to \$60 million to fund scholarships for Indian youth.

How Much Money Can I Get?

- Most people included in the Settlement will get at least \$1,500. Others may receive more or less based on the terms of the Settlement.
- If you are currently receiving an IIM account statement you do not have to do anything to get a payment.
- If you are not currently receiving an IIM account statement and you believe you are included in the Settlement, call the toll-free number or visit the website to register.

For more information about the Settlement and your legal rights, (You have until April 20, 2011 to act on some of these rights)

Call: 1-800-961-6109 or Visit: www.IndianTrust.com

Virginia Cross Birthday Party & Family Reunion

Saturday, June 4, 2011, starting at 11:00 AM

Game Farm Wilderness Park
(across the river, over bridge)

Please come celebrate,
potluck style.
Bring your favorite
dish and enjoy.
Come one and come all.
Let's enjoy each
other's company, visit and share
with one another!

Wish you the best always, Mom.

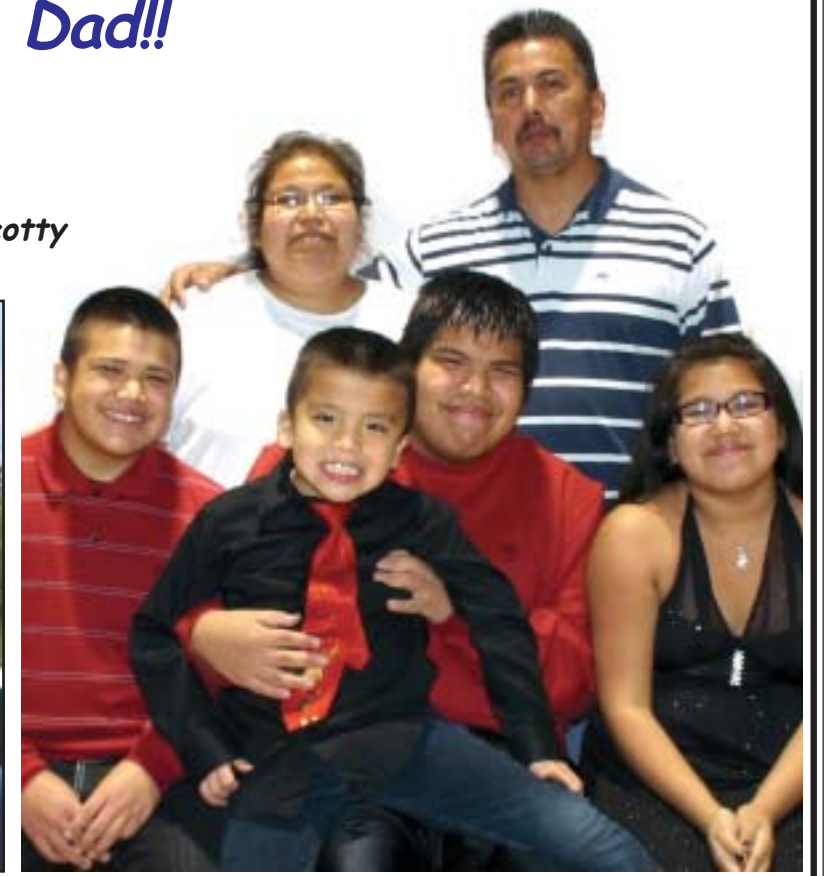
Happy Birthday!
I love you.



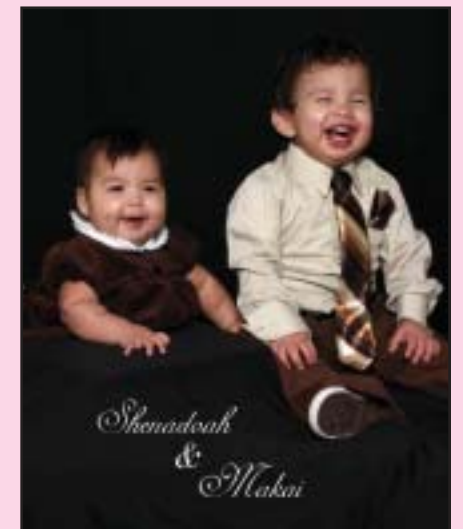
Kerri, Muyo, Gregorio, Francisco & Virginia & your son, Gene

Happy Birthday Dad!!

Love,
Your kids —
Stacer, Sammy, Saleena & Scotty



Shenandoah Barr & Makai Starr



Wilma "Tweet" Oliver

Bev Moss

Peachie White



Joanne Jackson & Marie Starr

Bev Starr '58

Peachie White

Donna Starr brought in these photos that she got from her brother, Gilbert "Hoagie" King George.



Happy Birthday,
Frankie!

Love,
Mom



Happy 13th Birthday Anthony!

We are so proud of the young man
that you are and we love you so much!



Always,
Mom, Kelvin and your family!



HORSE RACING

Li'l Sabertooth!



Sabertooth

EDGEWOOD – Ever since the Jim Penney crew trained famed speed demon Sabertooth at the family's Homestretch Farm in Edgewood, they've been trying to produce another young colt to match his phenomenal abilities. Penney already owns the record with five wins in Washington's most fabled race, the Longacres Mile, and Sabertooth was one of those winners.

The little fellow pictured here is their latest effort to breed another Sabertooth. You might say he's Sabertooth's nephew. It's a lot of fun to watch him romp and play, but just try and catch him! He has a mind of his own, and these little fellows are quick and strong! He doesn't know that there are any rules, and like many youngsters, his curiosity and zest for life know no bounds.

These pictures were taken when the colt we'll call "Li'l Sabertooth" was just a month old and – like all young colts – his future is a complete mystery. He could be anything. Perhaps he'll wear the garland of roses as the winner of the 2014 Kentucky Derby. Or maybe he'll even top his uncle's greatest achievement. None that were present will soon forget what they witnessed at Emerald Downs on May 22, 2005 when, teeth bared and mane flying, the mighty Sabertooth rocketed through a rain squall to shatter the world record for the 6 1/2 furlong distance.

His illustrious uncle is gone now, but the record still stands; and you never know – Li'l Sabertooth might just be the one to top it. He's a magnificent little horse, and he doesn't think there's anything he can't do. We'll have to just wait and see....

